










# October 2025 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Baking Club- Fall Treats! 2:30 Fall Treats (M)	<b>2</b> 9:30 Drum Fit (M) 10:30 Bean Bag Toss  1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	<b>3</b> 9:30 Chair Exercise (M) <b>10:30 Fitness Friday!</b> 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Name That Tune (M)	<b>4</b> <b>9:00 Bible Study</b>  <b>2:45 Mass in the Chapel w/ Divine Word</b>
<b>5</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper	<b>6</b> 8:30 Manicures 9:30 Chair Exercise (M)  <b>1:30 Worship &amp; Prayer w/ Cornerstone Church</b>	<b>7</b> 10:00 Rosary in the Chapel  1:30 Card BINGO 2:15 Pet Visit w/ Ed & Chip	<b>8</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Euchre 2:30 UNO (M)	<b>9</b> <b>10:15 Mass in the Chapel</b>  1:30  2:30 BINGO (M)	<b>10</b> 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Pumpkin Craft 2:30 Pumpkin Craft (M)	<b>11</b> <b>9:00 Bible Study</b>
<b>12</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper	<b>13</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Penny Drop Game 2:30 Old Maid (M)	<b>14</b> 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	<b>15</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  <b>1:00 Live Music by The Lemon Sisters!</b>	<b>16</b> 9:30 Drum Fit (M) 10:30 Chair Exercise 12:00 Dollar General 2:00 Bingo w/ Fox Therapy!	<b>17</b> 9:30 Bean Bag Toss (M) <b>10:30 Fitness Friday!</b> 12:15 Scenic Drive & Pie @ Breitbach's 2:30 Cards & Games? (M)	<b>18</b> <b>9:00 Bible Study</b>  <b>2:45 Mass in the Chapel w/ Divine Word</b>
<b>19</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper	<b>20</b> 9:00 Trip to Cascade Public Library 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Minute to Win It Games 2:30 Games (M)	<b>21</b> 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	<b>22</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Fall Tree Painting 2:30 Fall Tree Painting (M)	<b>23</b> <b>10:15 Mass in the Chapel</b>  1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	<b>24</b> <b>9:00 Podiatry Visit</b>  12:00 Brother's Market 1:30 Wheel of Fortune 2:30 The Price is Right (M)	<b>25</b> <b>9:00 Bible Study</b>  <b>3-4 Trick or Treat at River Bend</b>
<b>26</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper  	<b>27</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Left, Right, Center 2:30 Left, Right, Center (M)	<b>28</b> 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	<b>29</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 BINGO w/ Fidelity Bank!	<b>30</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Baking Club- Spooky Treats! 2:30 Baking Club (M)	<b>31</b> <b>9:00 Men's Coffee</b> 9:30 Basketball (M) <b>10:30 Fitness Friday!</b> 12:00 Dollar General <b>1:30 Halloween Happy Hour!</b> <b>Happy Halloween!</b>	
			<b>Activities in RED are open to the public.</b> <b>Note: Times and activities are subject to change. (M) is for activities in Moments</b>			