



## **River Bend July events open to the public**

### **Fitness Friday**

July 11th @10:30

July 18th @ 10:30

### **Worship & Music**

July 7th @ 1:30 PM

Hosted by:  
Cornerstone Church

### **Live Music with**

#### **Janet Lieb**

July 18th @ 1:30 PM

### **Men's Coffee**

July 25th @ 9 AM

### **Tips, Tours, & Treats**

#### **Open House**

July 30th

4 - 7 PM

### **River Bend Chapel Catholic Mass Schedule**

Saturday, July 5th @ 2:45 PM

Thursday, July 10th @ 10:15 AM

Saturday, July 19th @ 2:45 PM

Thursday, July 24th @ 10:15 AM



## **Summer Fun at River Bend**



Kay W. & Geri show off their patriotic rag wreath. We have the whole River Bend building decked out in red, white, and blue!



A whole table of smiles at the 55+ lunch and craft. This event was held on June 18th.



Gary Spoden enjoys the "Cheers to Dads" event with his family. (below)

Father's Day Happy Hour! Tom O. & his daughter Jenny (above)







### Resident Birthdays

Toots Hoffman	July 7
Susan Sage	July 16
Carl Kurt	July 21
Toots Westhoff	July 22
Kelly Sullivan	July 29

### Employee Birthdays

Audrey Kremer	July 15
Jeanna Pachtinger	July 24
Jill Koopmann	July 25
John Beringer	July 28



## Staff Spotlight

### **Cali Burns** **Universal Worker**



In May of 2025 Cali joined our River Bend team and we are lucky to have her! She says that throughout her life she has moved around a lot due to the foster system, but she found a home in Dyersville. She now lives there with her fiancé Charles and two children Kammy and Leon and is expecting her third child this fall. They also have two cats named Oliver and Chole. Cali enjoys working in Cascade. She said, "Cascade is a small, friendly town and people seem to be very supportive here." When Cali has free time she likes to spend it with her kids. They are always up for an adventure. You can find them out and about at local parks, pools, and splashpads. Cali said that in the future she would like to run her own daycare center.

## Tips, Tours, & Treats

Stop in JULY 30<sup>th</sup>, 4-7 PM

This event is designed to be low-pressure and informative for individuals who wish to learn about the offerings of our retirement community. You'll get some helpful tips for seniors, a tour, and some treats too! Save the date & join us for an evening of exploration and discover what sets us apart! No RSVP needed.



Independent Living



Assisted Living



Memory Care



## Resident Corner

Getting to know Jim Freking

**“Where are you originally from?”** “I lived in New Vienna, Iowa my whole life. I was born and raised on a farm until I started High School.

**Tell me a bit about your family.** “I married Rita in 1961. We had five daughters. I now have 12 grandchildren and 2 great grand children with one more on the way.”

**When did you move to River Bend?** “This May and I am happy to be here.”

**What do you like about living at River Bend?** “I like my apartment, the hospitality and the food.”

**What are your hobbies?** “I like to golf and fish.”

**What are some of your favorite things to watch on TV?** “I like to watch golf, Hawkeye women’s basketball, Survivor, and the news.”

**Fun fact** “Kay Wessels who also lives at River Bend is my only living sibling so it’s great to be living near her again.”



**Jim Freking**



**Willie**



**Kelly & Bob E.**



In June we took two day trips to a local pond. Residents enjoyed some great fishing and a picnic lunch. We were thankful to get out and enjoy the beautiful summer days.

*From the River Bend Kitchen*



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## **Red, White, and Blue Fruit Pizza**

### **Ingredients:**

16 oz sugar cookie dough

### **For the Frosting:**

4 oz cream cheese (softened)

4 oz Cool Whip (thawed)

1.5 cups powdered sugar

1 tsp vanilla

### **For the Fruit Topping:**

Sliced strawberries, raspberries, and blueberries



**Instructions:** Preheat the oven to 350 degrees. Spread sugar cookie dough on a round pizza pan. Bake for about 15-20 minutes until the cookie dough is set and barely starts to turn golden on the edges. Set aside and allow it to cool completely. Beat the cream cheese in a medium sized bowl until smooth. Add in the powdered sugar and vanilla extract and stir into the mixture. Carefully fold in the cool whip. Spread cream cheese and cool whip mixture on cooled cookie dough. Arrange all berries in a red and blue design of your choosing. Slice into pizza slices for sharing and eating.

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