



**JUNE
2025**

813 Tyler Street NE Cascade, IA 52033

www.riverbendal.com

563-852-5001

June Events



Open to the
Public

Bible Study

Every Saturday
9:00 AM

Fitness Friday!

Chair Exercise with us
Every Friday in June

Music & Prayer

Cornerstone Church
Monday, June 2nd
1:30 PM

Pain Center Education

w/ Dr Ramesh
Wednesday, June 16th
5:15 PM

55+ Lunch & Craft

Wednesday, June 18th
RSVP Required
563-852-5001

Live Music

Dave Mehrl

Monday, June 23rd
1:30 PM

Men's Coffee

Friday, June 27th
9:00 AM

Catholic Mass

Saturday, June 7th @2:45 PM
Thursday, June 12th @10:15 AM
Saturday, June 21st @2:45 PM
Thursday, June 26th @10:15 AM



Hello Summer!
Grilling season is here to enjoy courtesy of the River Bend cooks! We have two fishing/ picnic trips on our June activity calendar. We also plan to enjoy some summer outdoor music concerts and lots more fun to come!



Cheers to Dads

In honor of Father's Day we will celebrate all River Bend Dads with a happy hour
Thursday, June 12th at 1:30
RSVP 563-852-5001 to join the special father in your life.

A friendly reminder of the importance of wearing sunscreen!



Photos from our planting day!

Our gardens beds are planted and the flowers are blooming! It's been so nice to get out and enjoy the sunshine and fresh air. We planted tomatoes, peppers, radishes, lettuce, onions and of course some flowers to enjoy! Our courtyards are open and residents have been out all spring! We will be busy keeping everything watered so we can enjoy a bountiful harvest.



Elaine B.



JoAn, Elaine T. & Kay

June

Birthdays



Resident Birthdays

Paul Massey	June 3
Kay Wessels	June 15
Gene Gudenkauf	June 16
James Freking	June 16

Staff Birthdays

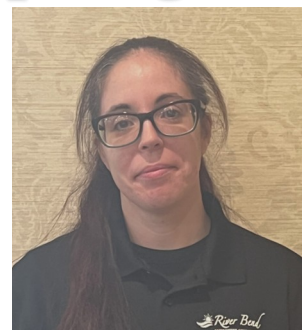
Jennifer Peiffer	June 9
Lacie Cook	June 12
Hannah Breitbach	June 13
Kevin Lopez	June 17
Erica Naber	June 20
Randi Leigh	June 21
Dani Knepper	June 26
Perla NavarroOrtiz	June 29



Staff Spotlight

Morgan Thomas

Universal Worker &
Medication Manager



In February of 2025 Morgan joined our River Bend team. From day one she has started each shift with a smile on her face. Morgan grew up in Anamosa and now lives in Monticello. She is a mom of three who are all in Middle school: Leilou, Winry, and Reaver. Morgan's hobbies are sewing and reading. She is also a crafter and says "I can craft just about anything!" Morgan is also a self proclaimed animal lover. Her family has 3 cats: Pumkin, Hallo, and Missy. They also have a Ball Python named Nico. When Morgan was asked what she likes about River Bend she said "everyone is friendly and it feels really homey here."



On April 22nd we had a Volunteer Appreciation lunch. Many of our volunteers were able to attend but some were missing. We truly could not operate without the generosity of our volunteers. Special thanks to Steve Hosch, Joan Hosch, Marleen & Jay Decker, Darlene Meyer, Shirley & Steve Dolphin, Jeff Owen, Gini Summerall, Tony Foeller, Ed Recker, Patty Leick, Mary Kay Wagner, Fr, Mark, Matt Smith, Deacon Joe Schockemoehl, and Deacon Dan Kurt.



Resident Corner

Getting to know Susan Sage

Where are you originally from? “I was born and raised in CR but after I got married we moved to Dubuque and that is where I lived for over 40 years. I moved to Monticello around 2017.”

Where did you go to school? “I went to school in Cedar Rapids. I graduated from Cedar Rapids Washington Senior High School.”

A bit about your family: “I have two daughters Kathy and Nancy. I have 4 grandchildren and 4 great-grandchildren as well.”

What is your favorite treat? “I love cookie dough ice cream!”

What is your favorite activity or pastime? “I crochet, do word finds, puzzles, play cards or dice games. I have been playing Euchre more here at River Bend too.”

What do you like about River Bend? “I like being around people and always having someone to talk to. One thing I noticed when I moved in was that people knew my name right away, and lots of people were saying, “Hi Susan!” on my very first day. That was very welcoming.”



Susan Sage

Annual Anniversary Celebration



Planning is underway for our Annual Anniversary Celebration! This event is open to the public and we hope to see you there! Put this date on your calendar: Sunday, September 7th, 2025. Our event is planned from 12-3 PM. We'll have music, food, and of course FUN! More details to come! Watch our Facebook page and upcoming issues of the newsletter for more updates!

Like us on Facebook! 



Trudy

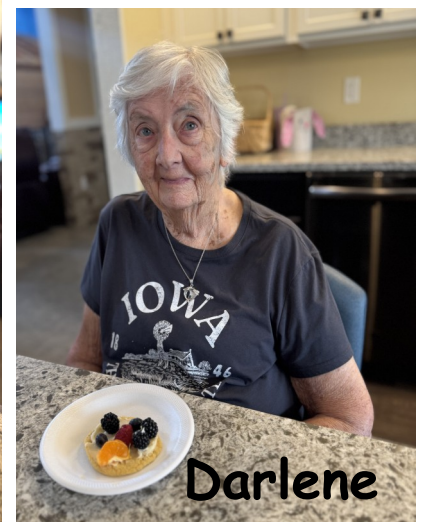
Sweet Treats



Irma



Shirley



Darlene



55 + Lunch and Craft Free & Open to the public

Wednesday, June 18th

Lunch 11:30

Craft 12:30

You can choose to attend lunch,
the craft, or both.

Please RSVP by June 13th

563-852-5001

Make your very own
patriotic rag wreath.
Supplies provided.
(RSVP)



Complimentary lunch:
hamburger, sides,
and dessert (RSVP)



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