River Bend November 2024 Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 BINGO! (M)	9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chape w/ Divine Word
9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Worship & Prayer w/ Cornerstone Church	5 10:15 Rosary in the Chapel 1:30 Card BINGO 2:15 Pet Visit w/ Ed & Chip! Election Day	9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 What's in the Bag? 2:30 What's in the Bag? (M)	9:30 Table Ball (M) 10:30 Bean Bag Toss 1:30 (Bucks store open after BINGO) 2:30 BINGO (M)	9:30 Beach Ball Toss (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Wheel of Fortune 2:30 The Price is Right (M)	9 9:00 Bible Study w/ Fr. Mark
11 8:30 Manicures 9:30 Chair Exercise (M) 11:30 Veterans Recognition Lunch 12:30 Sewing Circle 1:30 Board Games 2:30 Board Games (M) Veteran's Day	10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	9:30 Chair Yoga (M))10:30 Chair Exercise 12:15 Resident Meeting 1:30 Happy Hour 2:30 Happy Hour (M)	14 10:15 Word/Communion with Deacon Joe 1:30 (Bucks store open after BINGO) 2:30 BINGO (M)	9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
18 10:15 Camp Courageous Animal Show 12:30 Sewing Circle 1:30 Left, Right, Center	10:15 Rosary in the Chapel	10:30 Chair Exercise	9:30 Drum Fit (M) 10:30 Drum Fit 1:30 (Bucks store open after BINGO) 2:30 BINGO (M)	9:30 Table Ball (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Music by Janet Lieb!	9:00 Bible Study w/ Fr. Mark
9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Show & Share- "I am thankful for" 2:30 Thanksgiving Reminiscing(M)	26 10:15 Rosary in the Chapel 1:30 Thanksgiving Movie & Popcorn 2:30 Movie & Popcorn Put Up Trees	27 10:15 Word/Communion with Deacon Joe 11:30 Thanksgiving Meal 1:30 BINGO 2:30 BINGO (M)	Thanksgiving	9:30 Chair Exercise (M) 9:00 Men's Coffee 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	9:00 Bible Study w/ Fr. Mark
	9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Worship & Prayer w/ Cornerstone Church 11 8:30 Manicures 9:30 Chair Exercise (M) 11:30 Veterans Recognition Lunch 12:30 Sewing Circle 1:30 Board Games 2:30 Board Games 2:30 Board Games (M) Veteran's Day 18 10:15 Camp Courageous Animal Show 12:30 Sewing Circle 1:30 Left, Right, Center 2:30 Left, Right, Center 2:30 Left, Right, Center (M) 25 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Show & Share- "I am thankful for"	4 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Worship & Prayer w/ Cornerstone Church 1:30 Card BINGO 2:15 Pet Visit w/ Ed & Chip! Election Day 11 8:30 Manicures 9:30 Chair Exercise (M) 11:30 Veterans Recognition Lunch 12:30 Sewing Circle 1:30 Board Games 2:30 Board Games 2:30 Board Games (M) Veteran's Day 18 10:15 Camp Courageous Animal Show 12:30 Sewing Circle 1:30 Left, Right, Center 2:30 Left, Right, Center (M) 1:30 Card BINGO 2:30 Card BINGO (M) 1:30 Card BINGO (M)	4	4 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Card BINGO 2:15 Rosary in the Chapel 1:30 Card Bingo 1:30 Card Bingo	1







Note: Times and activities are subject to change.

(M) is for activities in Moments

