








River Bend Activities April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 <i>Worship & Prayer w/ Cornerstone Church</i> <i>April Fools' Day</i>	2 10:15 Rosary in the Chapel 1:30 <i>Music w/ The Lemon Sisters</i>	3 9:30 Gentle Yoga (M) 10:30 Chair Exercise 1:30 Euchre 2:30 Euchre (M)	4 9:30 Ladder Ball (M) 10:30 Ladder Ball 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	5 AM- Podiatry Visit 12:00 Trip to Brother's Market 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	6 9:00 <i>Bible Study w/ Fr. Mark</i> 2:45 <i>Mass in the Chapel w/ Divine Word</i>
7 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area <i>National Beer Day</i>	8 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 <i>"What is Palliative Care?" w/ Diane from Hospice of Dubuque</i> 2:30 Guess Who? (M)	9 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	10 9:30 Gentle Yoga (M) 10:30 Chair Exercise 12:15 Resident Meeting 1:30 Beer Tasting Happy Hour 2:30 Root Beer Float Social (M)	11 10:15 Mass in the Chapel w/ Fr Mark 12:00 Trip to Dollar General 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	12 9:30 Table Ball (M) 10:30 Fitness Friday! Time TBD: "Mean Girls- High School Edition" Musical at Cascade High School 2:30 Card Games (M)	13 9:00 <i>Bible Study w/ Fr. Mark</i>
14 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	15 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Dice Games (M)	16 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	17 9:30 Gentle Yoga (M) 10:30 Chair Exercise 1:30 <i>Music w/ Dave Smith</i>	18 9:30 Drum Fit (M) 10:30 Drum Fit 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	19 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Trip To Brother's Market 1:30 Wheel of Fortune 2:30 UNO (M)	20 9:00 <i>Bible Study w/ Fr. Mark</i> 2:45 <i>Mass in the Chapel w/ Divine Word</i>
21 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	22 8:30 Manicures w/ Patty 9:30 Bean Bag Toss (M) 1:30 Planting Seeds 2:30 Planting Seeds (M) <i>Earth Day</i>	23 9:30 Muffins in Moments (M) 10:15 Rosary in the Chapel 1:30 Shirley Temple drinks & a Movie 2:30 Shirley Temples (M) <i>Shirley Temple's Birthday</i>	24 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Craft 2:30 Craft (M)	25 10:15 Mass in the Chapel w/ Fr Mark 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	26 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Trip to Dollar General 1:30 The Price is Right 2:30 The Price is Right (M)	27 9:00 <i>Bible Study w/ Fr. Mark</i>
28 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	29 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:15 Dollar Tree Trip in Monticello 1:30 Dominoes 2:30 Dice BINGO (M)	30 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M) <i>National Oatmeal Cookie Day</i>				
			<p>Note: Times and activities are subject to change. (M) is for activities in Moments Activities in RED are open to the public.</p>			