

# River Bend Activities November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			<b>1</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Card BINGO 2:30 Card BINGO (M)	<b>2</b> 9:30 Drum Fit (M) 10:30 Health Talk w/ Blue Stone Therapy 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	<b>3</b> 9:30 Chair Exercise (M) <b>10:30 Fitness Friday!</b> 12:15 Brother's Market 1:30 Wheel of Fortune 2:30 Ladder Ball (M)	<b>4</b> <b>9:00 Bible Study w/            Fr. Mark</b>  <b>2:45 Mass in the Chapel            w/ Divine Word</b>	
<b>5</b> 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area   <b>Daylight Savings Ends</b>	<b>6</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  <b>1:30 Worship &amp; Prayer w/            Cornerstone Church</b>	<b>7</b> 10:15 Rosary in the Chapel  1:30 Card BINGO 2:15 Pet Visit w/ Ed& Chip	<b>8</b> 9:30 Table Ball (M) 10:30 Chair Exercise  1:30 Thanksgiving Craft 2:30 Thanksgiving Craft (M)	<b>9</b> <b>10:15 Mass in the Chapel w/            Fr. Mark</b>  1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	<b>10</b> 9:30 Chair Exercise (M) <b>10:30 Fitness Friday!</b> 11:30 Veterans Recognition Lunch 12:15 Dollar General 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	<b>11</b> <b>9:00 Bible Study w/            Fr. Mark</b>   <b>Veteran's Day</b>	
<b>12</b> 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	<b>13</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Left, Right, Center 2:30 Left, Right, Center (M)	<b>14</b> 10:15 Rosary in the Chapel  <b>1:30 Friends &amp; Family            BINGO!</b> 2:30 BINGO (M)	<b>15</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Baking Club 2:30 Baking Club (M)	<b>16</b> 9:30 Bean Bag Toss (M) 10:30 Bean Bag Toss  <b>1:30 Music by            Dave Smith</b> <b>5:30 "Hospice Myths"            Education w/ Angie</b>	<b>17</b> AM- Podiatry Visit  12:15 Brother's Market 1:30 Wheel of Fortune 2:30 Old Maid (M)	<b>18</b> <b>9:00 Bible Study w/            Fr. Mark</b>  <b>2:45 Mass in the Chapel            w/ Divine Word</b>	
<b>19</b> 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	<b>20</b> 8:30 Manicures by Patty 9:00 Golf (M)  1:30 Show & Share- "I am Thankful For..." 2:30 Dominoes (M)	<b>21</b> 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Tic-Tac-Toe Toss (M)	<b>22</b> <b>10:15 Word &amp; Communion w/            Deacon Joe</b> 11:30 Thanksgiving Meal 1:30 BINGO (Bucks Store open after BINGO) 2:30 BINGO (M)	<b>23</b> <b>Happy            Thanksgiving!</b>  	<b>24</b> 9:30 Chair Exercise (M) <b>10:30 Fitness Friday!</b>  1:30 Movie & Popcorn "Home Alone" 2:30 Movie & Popcorn (M)	<b>25</b> <b>9:00 Bible Study w/            Fr. Mark</b>	
<b>26</b> 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	<b>27</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Euchre 2:30 What's in the Bag? (M) <b>Christmas Decorating...</b>	<b>28</b> 10:15 Rosary in the Chapel  1:30 Deck The Halls! 2:30 Deck The Halls! (M) <b>Christmas Decorating...</b>	<b>29</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Dominoes 2:30 Dominoes (M) <b>Christmas Decorating...</b>	<b>30</b> 9:30 Ladder Ball (M) 10:30 Ladder Ball 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M) <b>Christmas Decorating...</b>		<b>Note: Activities            and times are            subject to            change.</b>	
						<b>(M) is for activities in Moments</b> <b>Activities in RED are open to the public.</b>	