## River Bend Menu October 2023

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 (D) Roast Beef,Mashed Potatoes and Gravy, Green Beans <br> (S) Goulash and Breadstick | 2 (D) Smokehouse Maple Pork Loin or Breaded Fish, Mashed Sweet Potatoes, Country Trio <br> (S) Brat Patty on a Bun, Sauerkraut, Potato Wedges | 3 (D) Chicken Ravioli W/Creamy Pesto Sauce or Baked Ham, Baby Bakers, Broccoli <br> (S)Chili Dog on a Bun, Corn Chips | 4 (D) Cheddarwurst or Cheese Burger, Hashbrown Casserole, Baked Beans <br> (S) Sausage or Pepperoni Pizza, Tossed Salad | 5 (D) Meatloaf or Smoked Sausage, Au Gratin Potatoes, and Cascade Blend <br> (S) Chicken Tenders and Macaroni and Cheese | 6 (D)Battered Fish or Turkey Pot Roast,Mashed Potatoes and Gravy, Carrots <br> (S) Egg Salad on a Croissant, Potato Chips | 7 (D) Ham, Mashed Sweet Potatoes, and Green Beans <br> (S) CheeseBurger on a Bun and Macaroni Salad |
| 8 (D) Sloppy Joes, Chips, and Baked Beans <br> (S) Sticky Meatballs, Fried Rice, Oriental Vegetables | 9 (D) Steak Stroganoff or Herb Baked Chicken, Mashed Potatoes and Beef Gravy, Parmesan Roasted Broccoli <br> (S) Deli Sandwich and Potato Salad | 10 (D) Chicken Lasagna or Hamburger Steak in Gravy, Green Beans, Garlic Bread Stick <br> (S)Meatballs in BBQ Sauce, Hash Brown Patties | 11 (D) Hawaiian Chicken or Hush Puppy Fish,Loaded Potatoes, Country Trio <br> (S) Loaded Turkey and Noodle Casserole, Biscuit | 12 (D) Southwest Manicotti or BBQ Chicken Breast, Mixed Vegetables, Garlic Breadstick <br> (S) Hamburger on a Bun, Potato Wedges, Corn | 13 (D) Baked Fish or Meatloaf,Baked Potato, Cascade Blend <br> (S) BBQ Rib on a Bun, Baked Beans,Pickle Spear | 14 (D) Mesquite Chicken Drumsticks, Potato Salad and Copper Penny Salad <br> (S) Chili and Cornbread |
| 15 (D) Apricot Glazed Bacon Wrapped Pork Fillet, Cheesy Party Potatoes, Carrots <br> (S) Philly Cheese Steak Sandwich, Coleslaw | 16 (D) Swedish Meatballs or Baked Ham, Mashed Potatoes, <br> (S) Fish Sandwich, Macaroni Salad | 17 (D) Lasagna or Baked Fish, Balsamic Glazed Green Beans, Garlic Bread Stick <br> (S) Hot Dog on a Bun and Baked Beans | 18 (D) CheddarWurst or BBQ Chicken, Baked Potato,Broccoli <br> (S) Maid Rite On a Bun and Potato Chips,Pickle Spear <br> Birthday Dessert Day | 19 (D)Country Fried Steak or Chicken Tenders, Mashed Potatoes/W Country Gravy, Mixed Vegetable <br> (S) Cream Of Tomato Soup and Grilled Cheese | 20 (D) Fish or Orange Chicken, Fried Rice,Broccoli <br> (S) Breaded Pork Tenderloin on a Bun, Coleslaw | 21 (D) Spaghetti W/Meat Sauce,Mixed Vegetables, Breadstick <br> (S) Chicken Sandwich and Potato Wedges |
| 22 (D) Hamburger Steak w/ Gravy,Mashed Potatoes and Gravy,Riviera Blend <br> (S) Cheese Pizza, Tossed Salad | 23 (D) Fried Chicken or Baked Pork Chop, Oven Roasted Potatoes, Green Bean Casserole <br> (S)Smoked Sausage, Fried Potatoes, Broccoli | 24 (D)Honey Mustard Chicken or Cube Steak, Baked Potato, Carrots <br> (S) Sloppy Joe On a Bun, Potato Chips,Corn | 25 (D) Pork Loin W/ Robert Sauce or Meatballs in Sweet and Sour Sauce, O'Brien Potatoes, Cascade Blend Vegetables <br> (S)Pigs in a Blanket, Potato Wedges, Baked Beans | 26 (D) Sweet and Sour Pork or Chicken Tenders, Fried Rice, and Imperial Blend <br> (S)Hot Ham and Cheese on a Croissant, Doritos, Pickle Spear | 27 (D) Baked Fish or a BLT, Macaroni Salad, and Sweet Pepper Slaw <br> (S) Breakfast Pizza and a Tri Tater Hash Brown Patty | 28 (D) Chicken Cordon Bleu,Au Gratin Potatoes,Mixed Vegetables <br> (S) BBQ Pulled Pork on a Bun, Coleslaw |
| 29 (D) Roast Beef, Mashed Potatoes and Gravy, Green Beans <br> (S) Goulash and Breadstick | 30 (D) Smokehouse Maple Pork Loin or Breaded Fish, Mashed Sweet Potatoes, Country Trio <br> (S) Brat Patty on a Bun, Sauerkraut, Potato Wedges | 31 (D) Chicken Ravioli W/Creamy Pesto Sauce or Baked Ham, Baby Bakers, Broccoli <br> (S)Chili Dog on a Bun, Corn Chips Happy Halloween! |  |  |  |  |

