













River Bend March 2023 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:30 Chair Yoga (M) 10:30 Chair Exercise 12:00 Resident Meeting 1:30 Euchre 2:30 Card Games (M)	2 10:15 Piano in the Chapel w/ Cara  1:30 BINGO (Bucks Store open after Bingo) 2:30 BINGO (M)	3 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M) National Wear BLUE Day!	4 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
5 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	6 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	7 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Vist with Ed & Chip	8 9:30 Table Ball (M) 10:30 Table Ball 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	9 10:15 Mass in the Chapel w/ Fr. Mark 1:30 Music w/ Smith Family 	10 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Dominoes 2:30 Dominoes (M)	11 9:00 Bible Study w/ Fr. Mark
12 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area  Daylight Saving Time Begins	13 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 March Madness Brackets 2:30 March Madness (M) 	14 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 What's in the Bag (M)	15 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Happy Hour w/ Hoops! 	16 9:30 Bean Bag Tic-Tac-Toe (M) 10:30 Bean Bag Tic-Tac-Toe 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	17 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 JMJ Irish Dancers followed by Grasshoppers! ST PATRICK'S DAY  Wear GREEN 	18 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
19 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	20 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Spring Craft 2:30 Spring Craft (M) FIRST DAY OF SPRING 	21 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	22 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 The Price is Right 2:30 The Price is Right (M)	23 10:15 Mass in the Chapel w/ Fr. Mark 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	24 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Jeopardy 2:30 Yahtzee (M)	25 9:00 Bible Study w/ Fr. Mark
26 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	27 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Easter Craft 2:30 Easter Craft (M)	28 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 UNO (M)	29 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Happy Hour 2:30 Happy Hour (M)	30 9:30 Drum Fit(M) 10:30 Drum Fit 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	31 AM - Podiatrist Visit 12:00 Dollar General 1:30 Baking Club 2:30 Baking Club (M)	

(M) is for activities in Moments

Activities in **RED** are open to the public.

Note: Times and activities are subject to change.