

River Bend September 2022 Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 (D) Orange Chicken or Pork Chop, Rice Pilaf, Oriental Vegetables (S) Ham Salad Sandwich, Chips	2 (D) Lemon Pepper Tilapia or Ham Steak, Garlic Roasted Potatoes, Creamed Peas (S) Crispy Chicken Sandwich, Tator Tots	3 (D) BBQ Chicken Drumstick, Cheesy Scalloped Potatoes, Green Beans (S) Pasta Bake, Garlic Breadstick
4 (D) Salisbury Steak w/ Brown Gravy, Baked Potato w/ Sour Cream, Country Trio Vegetables (S) Bacon Cheeseburger	5 (D) Honey Baked Ham or Baked Chicken Thigh, Fried Potatoes, Carrots (S) Shrimp Tenders, Sweet Potato Fries	6 (D) Country Fried Steak or Meatloaf, Mashed Potatoes w/ Gravy, Corn (S) Creamed Beef on Toast, Peas	7 (D) Apple Butter BBQ Ribs or Chicken Philly Sandwich, Mac & Cheese, Green Beans (S) Hot Turkey, Bacon & Swiss Sandwich, Potato Chips	8 (D) Hawaiian Chicken or Garlic Roasted Pork, Baked Sweet Potato, Mixed Vegetables (S) BBQ Rib Sandwich, Tator Tots	9 (D) Pasta Primavera w/ Shrimp or Smoked Sausage, Hash Browns, Capri Vegetables w/ Cheese (S) Sloppy Joe, Steak Fries	10 (D) Italian Brown Sugar Chicken, Scalloped Potatoes, Seasoned Broccoli (S) Tuna Salad Sandwich, Doritos
11 (D) Roasted Turkey, Mashed Potatoes w/ Gravy, Blended Vegetables (S) Fish Sandwich, Sweet Potato Fries	12 (D) Chicken Tenders or Swiss Pork Chop, Roasted Potatoes, Baked Beans (S) Canadian Bacon Pizza, Tossed Salad	13 (D) Sweet Italian Rope Sausage or Lasagna, Fried Potatoes, Caesar Salad (S) Taco Salad w/ Sour Cream & Salsa	14 (D) Garlic Butter Chicken or Roast Beef, Mashed Potatoes w/ Gravy, Corn (S) Pizza, Raspberry Vinaigrette Lettuce Salad	15 (D) Roasted Chicken or Pork Tenderloin Sandwich, Roasted Potato Medley, Glazed Carrots (S) Egg Salad Sandwich w/ Pickle Spear, Tator Tots	16 (D) Baked Fish or Lasagna w/ Garlic Bread, Baked Potato, Green Beans (S) Brat on a Bun Sauerkraut, Potato Wedge	17 (D) Honey Mustard Chicken Breast, Cheesy Scalloped Potatoes, Country Trio Vegetables (S) Sub Sandwich w/ Pickle, Lettuce, Tomato, Doritos
18 (D) Salisbury Steak w/ Mushroom Gravy, Seasoned Peas (S) Meat Pizza, Tossed Salad	19 (D) Lemon Garlic Pork Loin or Hot Roast Beef Sandwich, Roasted Potatoes, Capri Blend Vegetables (S) Cold Turkey & Swiss Sandwich, Potato Chips	20 (D) BBQ Chicken Breast or Creamy Potato & Ham Au Gratin, German Potato Salad, Country Trio Vegetables (S) Hot Ham & Cheese Sandwich, Doritos	21 (D) Smoked Pork Chop w/ Rhubarb Sauce or Beef & Noodles, Mashed Potatoes w/ Gravy, Green Beans (S) Chicken Alfredo Pasta, Garlic Bread	22 (D) Baked Ham or Chicken Enchilada, Refried Beans, Spanish Rice (S) Sloppy Joe, Baked Beans	23 (D) Hushpuppy Fish or BBQ Rib, Mac & Cheese, Peas (S) Chicken Tenders, Sweet Potato Fries	24 (D) Sweet & Sour chicken, Fried Rice, Oriental Vegetables (S) Hot Dog on A Bun, Steak Fries
25 (D) Roast Beef, Mashed Potatoes, Gravy, Carrots (S) Chicken Rice & Broccoli Casserole, Dinner Roll	26 (D) Citrus Dijon Chicken or Hamburger Steak, Italian Roasted Potatoes, Country Trio Vegetables (S) Fish Sandwich w/ Pickle Spear, Sweet Potato Fries	27 (D) Baked Ham or Lasagna, Caesar Salad, Breadstick, Corn (S) Tuna Salad Sandwich, Chips	28 (D) Fried Chicken or Swiss Steak, Party Potatoes, Mixed Vegetables (S) Goulash, Garlic Bread	29 (D) Country Fried Steak or Crusted Pork Chop, Mashed Potatoes w/ Gravy, Green Beans (S) BBQ Pulled Pork Sandwich, Baked Beans	30 (D) Baked Fish or Chicken & Stuffing Bake, Baked Potato, California Blend Vegetables (S) Grilled Cheese, Tator Tots	
						