



River Bend Activities October 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
2 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	3 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	4 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Visit w/ Ed & Chip!	5 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	6 10:15 Word & Communion w/ Deacon Joe 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	7 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:00 Dollar General 1:30 Tailgating Happy Hour for Cascade Homecoming! Wear Blue & Gold Today!	8 9:00 Bible Study w/ Fr. Mark
9 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	10 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Card BINGO 2:30 Card BINGO (M)	11 10:15 Rosary in the Chapel 1:30 Library Program "Prisoners of War in Iowa" w/ author Linda McCann	12 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Baking Club 2:30 Baking Club (M)	13 10:15 Mass in the Chapel w/ Fr/ Mark 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	14 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:00 Brother's Market 1:30 Movie/Popcorn 1:30 Scenic Fall Drives 2:30 Scenic Fall Drives (M)	15 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
16 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	17 8:30 Manicures by Patty 9:30 Golf (M) 2:00 Music w/ Marv Rickels	18 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	19 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:00 Scenic Fall Drives 1:30 Euchre 2:30 Scenic Fall Drives (M)	20 10:15 Word & Communion w/ Deacon Joe 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	21 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:00 Dollar General 1:30 Fall Drives 2:30 Jeopardy (M) "Wear it Pink" Day! for Breast Cancer Awareness	22 9:00 Bible Study w/ Fr. Mark
23 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	24 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Board Games/Trivia 2:30 Card Games (M)	25 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Dominoes (M)	26 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Halloween Craft 2:30 Halloween Craft (M)	27 10:15 Mass in the Chapel w/ Fr/ Mark 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO (M)	28 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:00 Brother's Market 1:30 Cascade Elementary Costume Parade followed by Halloween Wheel of Fortune 2:30 Wheel of Fortune (M)	29 9:00 Bible Study w/ Fr. Mark 3:30 - 4:30 Halloween Trick-Or-Treat
30 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	31 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Halloween Happy Hour! Happy Halloween!		Note: Times and activities are subject to change. (M) is for activities in Moments Activities in RED are open to the public.			