






# River Bend July 2022 Menu



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1 (D)</b> Pasta Primavera w/ Shrimp or Smoked Sausage, Cheesy Hashbrown Casserole, Broccoli  <b>(S)</b> Creamed Turkey & Biscuit, Tossed Salad	<b>2 (D)</b> Italian Brown Sugar Chicken, Scalloped Potatoes, Capri Blend Vegetables  <b>(S)</b> Summer Corn Chowder, ½ Deli Sandwich
<b>3 (D)</b> Roasted Turkey, Mashed Potatoes w/ Gravy, Green Bean Casserole  <b>(S)</b> Fish Sandwich, French Fries	<b>4 (D)</b> Lasagna or Chicken Tenders, Caesar Salad, Garlic Toast  <b>(S)</b> Canadian Bacon Pizza, Tossed Salad	<b>5 (D)</b> Smoked Sausage or Swiss Pork Chop, Fried Potatoes, Baked Beans  <b>(S)</b> Taco Salad, Sour Cream, Salsa	<b>6 (D)</b> Roasted Chicken or Roast Beef, Mashed Potatoes w/ Gravy, Corn  <b>(S)</b> Loaded Turkey Noodle Casserole, Dinner Roll	<b>7 (D)</b> Garlic Butter Chicken or Pork Tenderloin, Roasted Potatoes, Glazed Baby Carrots  <b>(S)</b> Egg Salad on Croissant Roll, Pickle Spear, Potato Chips	<b>8 (D)</b> Baked Fish or Hamburger Steak, Baked Potato, Sour Cream, Green Beans  <b>(S)</b> Brat on A Bun, Sauerkraut, Mac & Cheese	<b>9 (D)</b> Honey Mustard Chicken Breast, Cheesy Scalloped Potatoes, Buttered Corn  <b>(S)</b> Chicken Pot Pie Stew, Biscuit
<b>10 (D)</b> Salisbury Steak w/ Mushroom Gravy, Mashed Potatoes, Seasoned Peas  <b>(S)</b> Meat Pizza, Tossed Salad	<b>11 (D)</b> Lemon Garlic Pork Loin or Hot Roast Beef Sandwich, Cheesy Rice, Capri Blend Vegetables  <b>(S)</b> Cold Turkey & Swiss Sandwich, Potato Chips	<b>12 (D)</b> BBQ Chicken Drumstick or Creamy Potato & Ham Au Gratin, Garlic Breadsticks, Country Trio Vegetables  <b>(S)</b> Hot Ham & Cheese Sandwich, Doritos	<b>13 (D) <span style="background-color: yellow;">Cookout.</span></b> Grilled Chicken Breast or Cheeseburger, Potato Wedge, Coleslaw  <b>(S)</b> Chicken Alfredo Pasta, Garlic Bread	<b>14 (D)</b> Smoked Pork Chop w/ Rhubarb Sauce or Beef & Noodles, Italian Roasted Potatoes, Green Beans  <b>(S)</b> Sloppy Joe, Baked Beans	<b>15 (D)</b> Hushpuppy Fish or BBQ Rib, Mac & Cheese, Corn Bread  <b>(S)</b> Chicken Tenders, Sweet Potato Fries	<b>16 (D)</b> Sweet & Sour Chicken, Fried Rice, Oriental Vegetables  <b>(S)</b> Hot Dog on a Bun, Steak Fries
<b>17 (D)</b> Roast Beef, Mashed Potatoes, Gravy, Carrots  <b>(S)</b> Tuna Salad Sandwich on Croissant, Potato Chips	<b>18 (D)</b> Citrus Dijon Chicken or Smoked Sausage, Party Potatoes, Country Trio Vegetables  <b>(S)</b> Fish Sandwich, Pickle Spear, Sweet Potato Fries	<b>19 (D)</b> Pepper Steak or Lasagna, Caesar Salad, Green Beans Almondine  <b>(S)</b> Cranberry BBQ Meatballs, Steak Fries	<b>20 (D)</b> Smoked Sausage or Swiss Steak, Party Potatoes, Mixed Vegetables  <b>(S)</b> Goulash, Breadstick	<b>21 (D)</b> Baked Ham or Crusted Pork Chop, Italian Roasted Potatoes, Green Beans  <b>(S)</b> Smoked Pulled Pork Sandwich, Baked Beans	<b>22 (D)</b> Baked Fish or Hamburger Steak, Baked Potato, California Blend Vegetables  <b>(S)</b> Grilled Cheese, Tator Tots	<b>23 (D)</b> Open Faced Turkey w/ Mashed Potatoes and Gravy, Seasoned Peas  <b>(S)</b> Chicken Salad Sandwich on Croissant, Potato Chips
<b>24 (D)</b> Chicken Cordon Bleu, Garlic Roasted Potatoes, Blended Vegetables  <b>(S)</b> Hotdog on a Bun with Chili, Macaroni Salad	<b>25 (D)</b> Spaghetti or Herb Baked Chicken, Tossed Salad, Garlic Toast  <b>(S)</b> Dr. Pepper Meatballs, Tator Tots	<b>26 (D)</b> Liver & Onions or Breaded Fish, Potato Bake, Corn  <b>(S)</b> Beef Stroganoff, Bread	<b>27 (D) <span style="background-color: yellow;">Cookout.</span></b> Chicken legs or Grilled Salmon, Potato Salad, Asparagus  <b>(S)</b> Tator Tot Casserole, Tossed Salad	<b>28 (D)</b> Orange Chicken or Swiss Steak, Rice Pilaf, Oriental Vegetables  <b>(S)</b> Ham Salad Sandwich, Chips	<b>29 (D)</b> Lemon Pepper Tilapia or Baked Ham, Parslied Red Potatoes, Creamed Peas  <b>(S)</b> Crispy Chicken Sandwich, French Fries	<b>30 (D)</b> BBQ Chicken Drumstick, Cheesy Scalloped Potatoes, Corn  <b>(S)</b> Baked Ziti, Garlic Breadstick
<b>31 (D)</b> Sweet & Smokey Ribs, Baked Potato w/ Sour Cream, Baked Beans  <b>(S)</b> Bacon Cheeseburger, French Fries	