


River Bend MARCH Menu 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 (D) Beef & Noodles or Swiss Steak, Tater Tots, and Corn (S) Homemade Vegetable Beef Soup & Half Deli Sand	2 (D) Cheesy Lasagna w/Breadstick or Baked Fish, Hashbrown Casserole, Peas (S) Tuna Melt, Sweet Potato Fries ASH WEDNESDAY	3 (D) Roast Turkey or Pork Chop, Stuffing with gravy, Butternut Squash (S) Dr Pepper Meatballs, Potato Bake,	4 (D) Cola Glazed Ham or Baked Fish , French Onion Rice , Candied Carrots (S) Garden Vegetable Stew and Biscuit	5 (D) Chicken Cordon Bleu, Baked Potato and Corn (S) Pulled Pork on a bun, Baked Beans, Chips
6 (D) Beef Pot Roast, Roasted Baby Potatoes, Carrots (S) Ham Salad Sandwich, French Fries	7 (D) Autumn Chicken, or Pork Tenderloin, Cheesy Rice, Capri Vegetables, (S) Sloppy Joes, Baked Beans Potato chips	8 (D) Ham or Country Fried Steak, Mashed Potatoes, Gravy, Corn (S) Chicken Noodle Soup, Dinner Roll	9 (D) Baked Pork Chop or Baked Chicken, Potato Bake, Parslied Carrots (S) Spaghetti and Breadstick	10 (D) Grilled Turkey, Bacon & Swiss Sandwich or Chicken Tenders, Fried Potatoes, Country Trio Vegetables (S) Chicken Sandwich, Tater Tots	11 (D) Hushpuppy Fish or Hamburger Steak, Baked Potato, Roasted Garlic Peas (S) Cream of Tomato Soup & Grilled Cheese Sandwich	12 (D) Brown Sugar Meatloaf, Mac & Cheese, Seasoned Vegetables (S) Chicken Pot Pie and Biscuit
13 (D) Salisbury Steak with Gravy, Mashed Potatoes, Country Trio Vegetables (S) Hot Ham & Cheese Sandwich, Potato Wedge	14 (D) Garlic Roasted Pork Loin or Chicken Tenders, Fried Potatoes, Vegetable Blend (S) Pizza Burger, Sweet potato Fries	15 (D) Apricot Chicken or Baked Ham, Party Potatoes, Capri Vegetables (S) Beef Barley Soup,, Half Deli Sandwich	16 (D) Pork Chop or Roast Beef, Mashed Potatoes w/gravy Corn (S) Bacon Cheese Burger with Fries	17 St. Patrick's Day  (D) Corned Beef w/Cabbage, Roasted Potatoes, Carrots (S) Chili and Cornbread	18 (D) Salmon Loaf or, Ham Steak, German Potato Salad, Mixed Vegetables (S) Shrimp Tenders &, Macaroni & Cheese	19 (D) Ham, German Potato Salad, Green Beans (S) Sausage Pizza, Tossed Salad
20 (D) Glazed Pork Loin, Cheddar Ranch Potatoes, Brussel Sprouts (S) Beef Stew & Biscuit	21 (D) Baked Fish or Italian Chicken Breast, Potato Bake, Green Beans (S) Goulash, Dinner Roll	22 (D) Roast Beef or Pork Chop, Mashed Potatoes, Gravy, Candied Carrots (S) Western Burger, French Fries	23 (D) Meatloaf or Smoked Sausage, Mac & Cheese, Fried Corn with Bacon (S) Cheesy Potato & Ham Soup Toss Salad	24 (D) Taco Bake OR Glazed Ham, Sweet Potatoes, Green Beans (S) Creamed Chipped Beef, Peas	25 (D) Creamed Turkey or Breaded Fish Filet, Mashed Potatoes, Vegetable Blend (S) Tuna and Noodles Casserole, Dinner Roll	26 (D) Chicken Broccoli Alfredo w/Breadstick (S) Sausage Pizza, Tossed Salad
27 (D) Roasted Pork Loin, Scalloped Potatoes, Country Trio Vegetables (S) Chili, Half Grilled Cheese Sandwich	28 (D) Braised Steak w/gravy or Baked Ham, Mashed Potatoes, Green Beans (S) All Meat Pizza, Tossed Salad					