











River Bend January 2022 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				 		1 HAPPY NEW YEAR 1:00 Iowa Hawkeyes Citrus Bowl on ABC (channel 3) 2:45 Mass in the Chapel w/ Divine Word
	2 9:30 Bean Bag Toss (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	3 10:00 Rosary (M) 10:00 Rosary in the Chapel 1:30 Card BINGO 2:30 Ladder Ball (M) National Trivia Day	4 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Euchre 2:30 Card Games (M)	5 10:15 Word & Communion w/ Deacon Joe 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	6 9:30 Chair Exercise (M) 10:15 Piano by Cara Bertling 12:00 Brother's Market 1:30 Winter Craft 2:30 Winter Craft (M)	7 9:00 Bible Study w/ Fr. Mark 
8	9 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Finish Winter Craft 2:30 Finish Winter Craft (M)	10 10:00 Rosary (M) 10:00 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	11 9:30 Table Ball (M) 10:30 Chair Exercise- Yoga 1:30 Happy Hour 2:30 Happy Hour (M)	12 9:30 Target Practice (M) 10:30 Tic Tac Toe Toss 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	13 9:30 Table Ball (M) 10:30 Table Ball 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	14 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
15	16 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Card BINGO 2:30 Card BINGO (M)	17 10:00 Rosary (M) 10:00 Rosary in the Chapel 1:30 Music w/ Janet Lieb	18 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Baking Club 2:30 Baking Club (M) National Popcorn Day	19 10:15 Word & Communion w/ Deacon Joe 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	20 9:30 Table Ball (M) 10:30 Table Ball 12:00 Brother's Market 1:30 Jeopardy 2:30 Jeopardy (M)	21 9:00 Bible Study w/ Fr. Mark
22	23 9:00 Manicures by Patty 9:30 Chair Yoga (M) 1:30 Name That Tune 2:30 Name That Tune (M) National Compliment Day	24 10:00 Rosary (M) 10:00 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	25 9:30 Table Ball (M) 10:30 Chair Exercise 1:30 Happy Hour 2:30 Happy Hour (M)	26 10:15 Mass in the Chapel w/Fr.Mark 1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	27 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:00 Dollar General 1:30 Wheel of Fortune! 2:30 Wheel of Fortune! (M)	28 9:00 Bible Study w/ Fr. Mark National Puzzle Day
	29 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Euchre 2:30 Card Games (M) National Hot Chocolate Day		30			

**Note: Times and activities are subject to change.
(M) is for Moments activities.**



