



River Bend FEBRUARY Menu 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 (D) Beef & Noodles or Swiss Steak, Tator Tots, and Corn (S) Tuna Melt, Sweet Potato Fries	2 (D) Lasagna w/Breadstick or Baked Chicken, Hashbrown Casserole, Peas (S) Homemade Vegetable Beef Soup, Half Deli Sandwich	3 (D) Roast Turkey or Pork Chop, Stuffing with gravy, Butternut Squash (S) BBQ Meatballs, Potato Bake,	4 (D) Cola Glazed Ham or Baked Fish , French Onion Rice , Candied Carrots (S) Chicken and Vegetable Stew and Biscuit	5 (D) Baked Chicken Leg, Mashed Potato w/Gravy and Corn (S) Pulled Pork on a bun, Baked Beans, Chips
6 (D) Beef Pot Roast, Roasted Baby Potatoes, Carrots (S) Ham Salad Sandwich, French Fries	7 (D) Autumn Chicken, or Pork Tenderloin, Cheesy Rice, Capri Vegetables, (S) Sloppy Joes, Baked Beans Potato chips	8 (D) Ham or Country Fried Steak, Mashed Potatoes, Gravy, Corn (S) Chicken Noodle Soup, Dinner Roll	9 (D) Baked Pork Chop or Baked Chicken, Potato Bake, Parslied Carrots (S) Spaghetti and Breadstick	10 (D) Grilled Turkey, Bacon & Swiss Sandwich or Chicken Tenders, Fried Potatoes, Country Trio Vegetables (S) Chicken Sandwich, Tator Tots	11 (D) Hushpuppy Fish or Hamburger Steak, Baked Potato, Roasted Garlic Peas (S) Ham and Bean Soup, Dinner Roll	12 (D) Brown Sugar Meatloaf, Mac & Cheese, Seasoned Vegetables (S) Chicken Pot Pie and Biscuit
13 (D) Salisbury Steak with Gravy, Mashed Potatoes, Country Trio Vegetables (S) Cheeseburger, Fries	14 VALENTINE's DAY (D) Grilled Shrimp OR Steak Baked Potato, Buttered Asparagus (S) Chicken Tenders, Sweet potato Fries	15 (D) Apricot Chicken or Baked Ham, Party Potatoes, Capri Vegetables (S) Beef Barley Soup,, Half Deli Sandwich	16 (D) Pork Chop or Roast Beef, Mashed Potatoes w/gravy Corn (S) Hot Ham & Cheese Sandwich, Potato Wedge	17 (D) Turkey or Chicken and Swiss Sandwich, Mac & Cheese, Green Beans (S) Chili and Cornbread	18 (D) Shrimp Tenders or, Ham Steak, German Potato Salad, Mixed Vegetables (S) Beef Stew, Biscuit	19 (D) Ham, German Potato Salad, Green Beans (S) Sausage Pizza, Tossed Salad
20 (D) Glazed Pork Loin, Cheddar Ranch Potatoes, Brussel Sprouts (S) Tuna Salad Sandwich, Tater Tots	21 (D) Baked Fish or Italian Chicken Breast, Potato Bake, Green Beans (S) Goulash, Dinner Roll	22 (D) Roast Beef or Pork Chop, Mashed Potatoes, Gravy, Candied Carrots (S) Western Burger, French Fries	23 (D) Meatloaf or Smoked Sausage, Mac & Cheese, Fried Corn with Bacon (S) Cheesy Potato Soup Ham Sandwich	24 (D) Taco Bake OR Glazed Ham, Sweet Potatoes, Green Beans (S) Tuna and Noodle Casserole, Dinner Roll	25 (D) Creamed Turkey or Breaded Fish Filet, Mashed Potatoes, Vegetable Blend (S) Shepherd's Pie, Baked Bread	26 (D) Ham, German Potato Salad, Green Beans (S) Sausage Pizza, Tossed Salad
27 (D) Roasted Pork Loin, Scalloped Potatoes, Country Trio Vegetables (S) Chili, Half Grilled Cheese Sandwich	28 (D) Braised Steak w/gravy or Baked Ham, Mashed Potatoes, Green Beans (S) All Meat Pizza, Tossed Salad					