






# River Bend December 2021 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise 12:00 Resident Meeting 1:30 Holiday Craft 2:30 Holiday Craft (M)	<b>2</b> 9:30 Table Ball (M) 10:30 Table Ball  1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	<b>3</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  12:00 Dollar General 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	<b>4</b> 9:00 Bible Study w/ Fr. Mark  2:45 Mass in the Chapel w/ Divine Word
<b>5</b>	<b>6</b> 9:30 Ladder Ball (M) 10:30 Chair Exercise  1:30 Worship & Prayer w/ Cornerstone Church	<b>7</b> 10:00 Rosary (M) 10:00 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	<b>8</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Happy Hour 2:30 Happy Hour (M) 3:45 Christmas Lights Bus Trip To Murphy Park	<b>9</b> 10:15 Mass in the Chapel w/Fr.Mark  1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	<b>10</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  12:00 Brother's Market 1:30 Winter Door Craft 2:30 Winter Door Craft (M)	<b>11</b> 9:00 Bible Study w/ Fr. Mark
<b>12</b>  <i>Wear Red/Green this week            to kick off the Holiday            Spirit!</i>	<b>13</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	<b>14</b> 10:00 Rosary (M) 10:00 Rosary in the Chapel  1:30 Christmas Carols w/ Darlene Meyer	<b>15</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise- Yoga  1:30 Holiday Baking Club- Christmas Cookies!	<b>16</b> 9:30 Bean Bag Toss (M) 10:30 Bean Bag Toss  1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	<b>17</b> 9:00 Podiatrist  12:00 Dollar General 1:30 Worship & Prayer w/ Kathryn Newhall (from Anamosa UMC & United Church of Monticello)	<b>18</b> 9:00 Bible Study w/ Fr. Mark  2:45 Mass in the Chapel w/ Divine Word
<b>19</b>  <i>Wear Christmas            Sweaters this week to            spread Holiday Cheer!</i>	<b>20</b> 9:00 Manicures by Patty  1:30 Christmas Trivia 2:30 Christmas Trivia (M) <i>Door Decorating Contest            Voting Opens</i>	<b>21</b> 10:00 Rosary (M) 10:00 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	<b>22</b> 9:30 Christmas Decoration Building Tour Walk (M) 10:30 Christmas Decorations Building Tour Walk 1:30 Resident Christmas Party	<b>23</b> 10:15 Mass in the Chapel w/Fr.Mark  1:30 Christmas BINGO (Bucks store open after BINGO) 2:30 Christmas BINGO(M)	<b>24</b> 9:30 Table Ball (M) 10:30 Table Ball  12:00 Brother's Market 1:00 Christmas Movie- A Christmas Story	<b>25</b>  <i>Merry Christmas</i> 
<b>26</b>	<b>27</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Card/Board Games 2:30 Card/Board Games (M) <i>Door Decorating Contest            Voting Ends</i>	<b>28</b> 10:00 Rosary (M) 10:00 Rosary in the Chapel  1:30 Card BINGO 2:30 Golf (M)	<b>29</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Happy Hour & Music w/ Sarah Boyle	<b>30</b> 9:30 Drum Fit (M) 10:30 Drum Fit  1:30 BINGO (Bucks store open after BINGO) 2:30 BINGO(M)	<b>31</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise 11:30 New Year's Toast 12:00 Dollar General 1:30 A Year in Review (Reminiscing/Trivia)	

## Merry Christmas

**Note: Times and activities are subject to change.  
 (M) is for Moments activities.**

