





# River Bend July 2021 Menu

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p><b>1 (D)</b> Baked Pork Chop w/ Potatoes OR Hamburger Stroganoff Biscuit, Mixed Veg</p> <p><b>(S)</b> Pizza Bake, Garlic Stick</p>	<p><b>2 (D) COOKOUT</b> Grilled Salmon OR Cheeseburger w/ Lettuce &amp; Tomato, Potato Salad, Fruit</p> <p><b>(S)</b> Chicken Fettuccine Alfredo, Bread Stick, Peas</p>	<p><b>3 (D)</b> Goulash, Breadstick, Corn</p> <p><b>(S)</b> Sloppy Joe on a bun, Potato Salad</p>
<p><b>4 INDEPENDENCE DAY (D)</b> Beef Pot Roast, Mashed Potatoes w/ Gravy, Sunshine Carrots</p> <p><b>(S)</b> Grilled Ham &amp; Cheese Sandwich, Tomato &amp; Cucumber Salad</p>	<p><b>5 (D)</b> Corned Beef w/ Baked Potato, Scalloped Cabbage OR Taco Salad</p> <p><b>(S)</b> Hushpuppy Fish Filet, Salt &amp; Vinegar Potatoes, Pea Salad</p>	<p><b>6 (D)</b> Meatloaf w/ Mashed Potatoes OR Chicken Filet on a bun, Country Trio Vegetables</p> <p><b>(S)</b> Loaded Turkey Noodle Casserole, Blended Vegetables</p>	<p><b>7 (D)</b> Ham Steak OR Baked Fish, Sweet Potatoes, Mixed Vegetables</p> <p><b>(S)</b> Goulash, Green Beans, Breadstick</p>	<p><b>8 (D)</b> Roasted Chicken OR Pork Chop, Mashed Potatoes w/ Gravy, Harvard Beets</p> <p><b>(S)</b> Chicken Caesar Salad, Cottage Cheese</p>	<p><b>9 (D)</b> Catfish Nuggets OR Chicken Nuggets, Party Potatoes, Peas</p> <p><b>(S)</b> Dr. Pepper Meatballs, Capri Blend Vegetables</p>	<p><b>10(D)</b> Roast Turkey w/ Gravy, Stuffing, Corn</p> <p><b>(S)</b> Pulled Pork on a bun, Ranch Steak Fries</p>
<p><b>11(D)</b> Country Fried Chicken w/ Gravy, Mashed Potatoes, Peas &amp; Carrots</p> <p><b>(S)</b> Breaded Fish Sandwich, Corn</p>	<p><b>12(D)</b> Pulled Pork on a bun w/ Coleslaw OR Loaded Turkey Noodle Casserole, Carrots</p> <p><b>(S)</b> Cold Cut Sandwich, Chips</p>	<p><b>13 (D)</b> Meatloaf OR Chicken Nuggets, Mashed Potatoes w/ Gravy, Green Bean Casserole</p> <p><b>(S)</b> Spaghetti &amp; Meatballs w/ Marinara Sauce, Breadstick</p>	<p><b>14 (D)</b> Roasted Chicken OR Catfish Nuggets, Stuffing, Capri Vegetables</p> <p><b>(S)</b> BBQ Rib Patty, French Fries</p>	<p><b>15 (D)</b> Beef Stroganoff OR Open Face Pork Sandwich, Green Beans</p> <p><b>(S)</b> Breaded Chicken Filet on a bun, Lettuce, Tomato, Rice Pilaf</p>	<p><b>16 (D)</b> Baked Fish Filet w/ Scalloped Potatoes and Peas OR Chicken Pot Pie</p> <p><b>(S)</b> Hamburger Steak w/ Gravy, Sunshine Carrots</p>	<p><b>17 (D)</b> Ham w/ Mashed Potatoes, Gravy, Beets in Orange Sauce</p> <p><b>(S)</b> Hot Dog on a Bun, Macaroni &amp; Cheese</p>
<p><b>18 (D)</b> Beef Pot Roast, Mashed Potatoes w/ Gravy, Mixed Vegetables</p> <p><b>(S)</b> Catfish Nuggets, French Fries</p>	<p><b>19 (D)</b> Honey Ham w/ Sweet Potato OR Creamed Turkey, Country Trio Vegetables</p> <p><b>(S)</b> Grilled Cheese Sandwich, Tomato Soup, Creamy Cucumber Salad</p>	<p><b>20 (D)</b> Baked Fish OR Liver and Onions, Mashed Potatoes, Green Beans</p> <p><b>(S)</b> Mini Chicken Salad Sandwich, Cottage Cheese</p>	<p><b>21 (D)</b> Roasted Chicken w/ Party Potatoes OR Italian Pasta Bake w/ Breadstick, Creamed Peas</p> <p><b>(S)</b> Cheeseburger on a bun, Lettuce, Tomato, Pickle, Onion, French Fries</p>	<p><b>22 (D)</b> Apple Cider Pork Loin OR Cheeseburger, Red Potatoes, Scalloped Corn</p> <p><b>(S)</b> Tuna &amp; Noodles, Bread</p>	<p><b>23 (D)</b> Baked Fish, Baked Potato, Blended Vegetables OR Taco Salad</p> <p><b>(S)</b> BBQ Chicken Drumsticks, Macaroni Salad</p>	<p><b>24 (D)</b> Salisbury Steak, Mashed Potatoes w/ Gravy, Glazed Carrots</p> <p><b>(S)</b> Ham Salad Sandwich, Tossed Salad</p>
<p><b>25 (D)</b> Roast Turkey, Mashed Potatoes w/ Gravy, Cheddar Corn Casserole</p> <p><b>(S)</b> Bratwurst on a bun, Potato Chips</p>	<p><b>26 (D)</b> Lasagna w/ Breadstick OR Pork Chops Au Gratin, California Blend Vegetables</p> <p><b>(S)</b> Turkey Sandwich, Tater Tots</p>	<p><b>27 (D)</b> Raspberry BBQ Ribs w/ Mashed Sweet Potato OR Creamed Turkey Biscuit, Green Beans</p> <p><b>(S)</b> Southwest Chicken Salad, Crackers</p>	<p><b>28 (D)</b> Herbed Baked Chicken, OR Breaded Fish Filet, Mashed Potatoes w/ Gravy, Carrots</p> <p><b>(S)</b> Hot Dog on a bun, Sweet &amp; Sour Cucumbers, Baked Beans</p>	<p><b>29 D)</b> Baked Pork Chop w/ Party Potatoes OR Hamburger Stroganoff Biscuit, Mixed Veg</p> <p><b>(S)</b> Pizza Bake, Garlic Stick</p>	<p><b>30 (D) COOKOUT</b> Grilled Fish OR Chicken Legs, Fried Potatoes, Apple Cider Slaw</p> <p><b>(S)</b> Chicken Fettuccine Alfredo, Bread Stick, Peas</p>	<p><b>31 (D)</b> Goulash, Breadstick, Corn</p> <p><b>(S)</b> Sloppy Joe on a bun, Potato Salad</p>
