

We are pleased to announce that Jill Koopmann has accepted the new manager position at River Bend. Jill has been with River Bend for over 12 years, most recently as the Community Relations Coordinator. Please help us welcome her in this new role.



“I look forward to serving our senior population in supporting their needs with the many different options River Bend has to offer. Please feel free to stop by for a visit and see our state-of-the-art facility and what makes River Bend so special.”

- Jill Koopmann/ Manager

Novel Coronavirus (COVID-19)

Vaccination Update: In the past month even though the number of those vaccinated increases, the COVID-19 percent of positivity has gone back up, but as of today that is starting to go back down again. Currently the percent of those who are vaccinated is greater than 50%, but for herd immunity we need between 70-90% of everyone 16 years and older to be vaccinated. Please consider being vaccinated if you haven't already done so.

Visitation Update: River Bend is allowing two in person visitors per resident, M-F 9am-7pm, and weekends from 9am-4pm. Please continue to respect the safety of our residents and staff by wearing a mask at all times while in our facility. Each visitor is required to be screened upon arrival.

Information for this article was obtained and current on 4/21/21

Salute to our Graduates! We want to congratulate these three River Bend employees on their graduation from high school. We wish them all the best!



Allison Barnhart is a Monticello High School graduate. She will attend Coe College in the fall and pursue a BS in Nursing.



Brooke Denniston is a Cascade High School graduate. She will attend Kirkwood Community College then transfer to the University of Iowa to obtain her PhD in Psychology.



Rachel Rhomberg, also a Cascade High School graduate, will attend the University of Arizona. She plans to double major in Business and Spanish.



We welcomed spring and celebrated Earth Day by planting seeds indoors. In May we will start planting flowers and veggies in our outdoor gardens.



Staff Birthdays

Rachel Trumm	May 11
Jen Rhomberg	May 12
Tori Callahan	May 17
Sara Dalton	May 21
Angie Finzel	May 25
Terry Sherman	May 25
Ella Putz	May 31

(There are no May Resident birthdays)

*Happy Mother's Day
Sunday, May 9th 2021!*



*We will celebrate with
a tea party on 5/7/21 for our residents.*

We would love your feedback!

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- 1) Open the camera app on your phone
- 2) Point the camera at the QR code
- 3) Tap the link that appears at the top of the screen
- 4) Sign in to your Gmail account
- 5) Rate and review us!



Staff Spotlight

**Madeline
McGovern**
Caregiver / CNA



In December 2019, Madeline joined our River Bend family. She grew up in the Anamosa area and graduated from Central City High School in 2019. She currently lives in Scotch Grove and attends NICC in Peosta. She is working towards her nursing degree. Madeline keeps very busy with school and working part time, but when she has free time, she enjoys being with her friends. She said “we usually go bowling or just hang out at home playing board games.” When asked what she likes about working at River Bend, Madeline said, “I love learning about the residents’ past and what they done in their life. That helps me get closer with them.”



Resident Corner

Getting to know Earl Fisher...

Where are you originally from? Bernard, IA

Where did you go to school? A one room schoolhouse in Bernard

Were you married and can you tell me a little about your family?

“My wife Mary and I had 7 children (4 girls, 3 boys).

I have 7 Grandchildren and 2 great-grandchildren. “

When did you move to River Bend? January of 2020

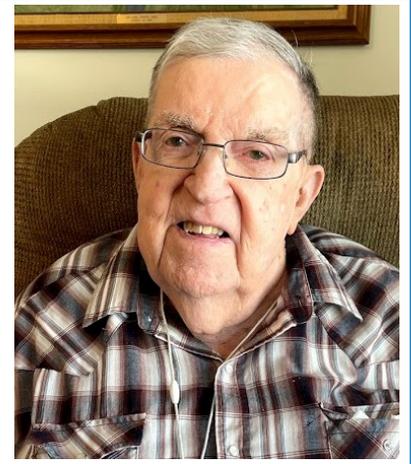
What is your favorite type of music? Polka Music

What is your favorite food? Snickers

What is your favorite drink? “Now water...back in the day a cold beer”

What are your hobbies? Playing Euchre, spending time with family

What do you like about River Bend? The food, activities, and being so close to family



Earl Fisher

National Nurses Week

We will celebrate National Nurses Week which begins each year on May 6th and ends on May 12 in honor of Florence Nightingale’s Birthday. We are very blessed at River Bend to have a wonderful group of nurses caring for our community each and every day of the year. Take time to thank the special nurses in your life, We want to acknowledge and thank our special nurses at River Bend pictured below.



Vicki Nemmers, RN
Regional Manager



Karen Holmes, RN
Director of Nursing



Sara Dalton, RN
Healthcare Coordinator



QUICK AND SIMPLE CINNAMON ROLL CASSEROLE

Like us on Facebook!

Ingredients

- 2 cans refrigerated cinnamon rolls (12.4 oz each)
- 2/3 cup heavy cream
- 4 large eggs
- 1 teaspoon cinnamon
- 1/4 cup maple syrup
- 1 cup chopped pecans (optional)

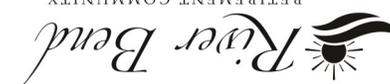


Instructions

- Preheat the oven to 350° and spray a 9×13 baking pan with cooking spray.
- Open the cinnamon roll tubes and set aside the frosting.
- Cut each cinnamon roll into 4 pieces.
- Place the cinnamon roll quarters evenly in the baking pan.
- In a mixing bowl, whisk together cream, eggs, and cinnamon. Make sure the eggs are mixed well.
- Pour the egg mixture over the cinnamon rolls.
- Drizzle the syrup over the top. Sprinkle pecan pieces if desired.
- Bake for 30-35 minutes until the top is golden brown and puffy.
- Heat the frosting for 5-10 seconds in the microwave, then drizzle over the warm casserole.
- Serve immediately.

“RETURN SERVICE REQUESTED”

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