



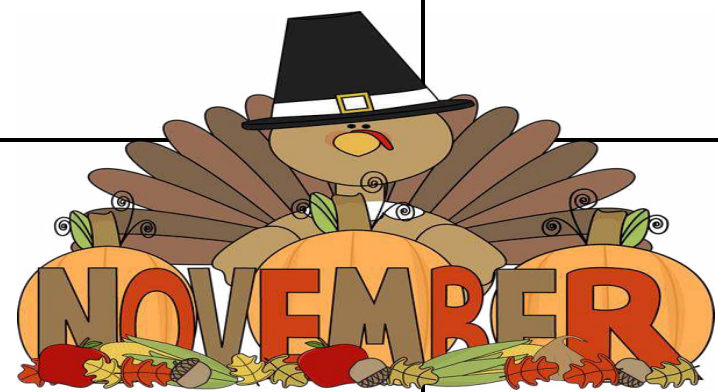


River Bend November Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:30 Coffee & News (M) 10:30 Chair Exercise 1:00 Dollar General 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	2 3:00 Mass 3:30 Rosary
3 <i>Daylight Savings Time Ends- Set your clocks back 1 hour!</i>	4 9:30 Chair Exercise (M) 10:00 Chair Exercise 2:00 Thanksgiving Craft 3:10 Thanksgiving Craft (M)	5 9:30 Card BINGO (M) 10:15 Card BINGO 1:30 Baking Club 3:10 Baking Club (M)	6 9:30 Chair Yoga(M) 9:30 Bible Study 12:30 Resident Meeting 1:00 CHS Fall Play "A Midsummer Night's Dream"	7 9:30 BINGO (M) 10:15 BINGO 11:00 RB Bucks Store (Open until 11:30) 2:00 Table Ball 3:10 Table Ball (M)	8 9:30 Coffee & News (M) 10:30 Chair Exercise 1:00 Brother's Market 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	9 9:00 Worship & Prayer w/ Presbyterian Church
10 River Bend Resident & Family Thanksgiving Dinner 12:00 	11 9:30 Chair Exercise (M) 10:00 Ageless Art w/ Xene 11:00 Veteran's Day Presentation 2:00 "Thank You, Veterans" Social 3:10 Veteran's Day Social (M) Happy Veteran's Day!	12 9:30 Ageless Art w/ Xene (M) 10:15 Card BINGO 2:00 Worship & Prayer w/ Cornerstone Church	13 9:00 Manicures 9:30 Chair Yoga(M) 9:30 Bible Study 2:00 Happy Hour 3:10 Happy Hour (M)	14 9:30 BINGO (M) 10:15 BINGO 11:00 RB Bucks Store (Open until 11:30) 1:00 Mass with Fr. Loecke 3:10 Story Writing/ Reminiscing (M)	15 9:30 Coffee & News (M) 10:30 Chair Exercise 1:00 Dollar General 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	16 3:00 Mass 3:30 Rosary
17 Community Bingo hosted by Richland R&R 4-H Club 1:00-3:00 p.m.	18 9:00 Chair Exercise (M) 10:00 Trip to Cheryl's Coffee Shop & Bakery 2:00 Board Games 3:10 Board Games (M)	19 9:30 Card BINGO (M) 10:15 Card BINGO 2:00 Music with Darlene Meyer	20 9:30 Chair Yoga(M) 9:30 Bible Study 2:00 Ladder Ball 3:10 Joke Telling/ Reading (M)	21 9:30 BINGO (M) 10:15 BINGO 11:00 RB Bucks Store (Open until 11:30) 1:30 Baking Club 3:10 Baking Club (M) 5:00 Dementia Support Group	22 10:00 Piano by Cara Bertling 1:00 Brother's Market 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	23
24	25 9:30 Chair Exercise (M) 10:00 Chair Exercise 2:00 Holiday Craft 3:10 Holiday Craft (M)	26 9:30 Card BINGO (M) 10:15 Card BINGO 1:30 Camp Courageous Holiday Party Bus Trip 2:00 Worship & Prayer w/ Cornerstone Church 3:00 Bo & Ed Visit	27 9:30 Chair Yoga (M) 9:30 Bible Study 2:00 Happy Hour w/ Thanksgiving Trivia 3:10 Happy Hour w/ Thanksgiving Trivia (M)	28 Happy Thanksgiving! 	29 9:30 Coffee & News (M) 10:30 Chair Exercise 1:00 Dollar General 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	30 3:00 Mass 3:30 Rosary



Activities in **red** are open to the public.
Note: Times and activities are subject to change
 (M) is for Moment's Activities



