

River Bend October 2020 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 BINGO 3:10 BINGO (M)	2 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Wheel of Fortune 3:10 Wheel of Fortune (M)	3 
4	5 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Craft 3:10 Craft (M)	6 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 Card BINGO 3:10 Card BINGO (M)	7 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:15 Resident Meeting 2:00 Hallway Happy Hour 3:10 Hallway Happy Hour (M)	8 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 BINGO 3:10 BINGO (M)	9 9:30 Coffee & News (M) 10:30 Chair Exercise 2:00 Wheel of Fortune 3:10 Reminiscing... (M)	10
11	12 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Baking Club 3:10 Baking Club (M)	13 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 Card BINGO 3:10 Card BINGO (M)	14 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:00 Flu Shots 2:00 Hallway Happy Hour 3:10 Hallway Happy Hour (M)	15 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 BINGO 3:10 BINGO (M)	16 9:00 Podiatrist 2:00 Wheel of Fortune 3:10 Wheel of Fortune (M)	17
18	19 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Halloween Craft 3:10 Halloween Craft (M)	20 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 Card BINGO 3:10 Card BINGO (M)	21 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Hallway Happy Hour 3:10 Hallway Happy Hour (M)	22 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 BINGO 3:10 BINGO (M)	23 9:30 Coffee & News (M) 10:30 Chair Exercise 2:00 Wheel of Fortune 3:10 Letter Writing... (M)	24
25	26 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Baking Club 3:10 Baking Club (M)	27 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 Card BINGO 3:10 Card BINGO (M)	28 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Trivia 3:10 Trivia (M)	29 9:30 Chair Yoga (M) 10:00 Rosary in the Chapel 2:00 BINGO 3:10 BINGO (M)	30 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Halloween Happy Hour 3:10 Halloween Happy Hour (M)	31 HAPPY HALLOWEEN!
			<p>Note: Times and activities are subject to change Masks are to be worn at all Activities. (M) is for Moment's Activities</p>			

