



River Bend September 2020 Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1 (D) Tuna & Noodles w/ Garlic Toast or Pepper Steak w/ Scalloped Potatoes</p> <p>(S) Black Oak Sausage, Creamy Coleslaw, Fried Potatoes</p>	<p>2 (D) <i>Cook Out.</i> Grilled Chicken or Brat w/ Sauerkraut, Tossed Salad, Roasted Potatoes</p> <p>(S) Pizza, Tossed Salad, Breadstick</p>	<p>3 (D) Honey BBQ Chicken w/ Mc & Cheese or Herb Pork Loin w/ Baked Sweet Potato</p> <p>(S) BLT Sandwich, Cottage Cheese</p>	<p>4 (D) Breaded Fish Filet w/ Roasted Potatoes or Beef Minute Steak w/ Garlic Butter Noodles, Vegetables</p> <p>(S) Cheeseburger on A Bun, Pickle/Onion, Mac Salad</p>	<p>5 (D) Creamed Chicken on a Biscuit, Peas & Carrots</p> <p>(S) Spaghetti & Meatballs, Tossed Salad, Garlic Toast</p>
<p>6 (D) Roast Beef, Mashed Potatoes w/ Gravy, Corn, Dinner Roll</p> <p>(S) Chicken Noodle Soup, Deli Sandwich, Chips</p>	<p>7 (D) Sweet & Sour Pork w/ Steamed Rice or Black Oak Sausage w/ Fried Potatoes, Vegetables</p> <p>(S) Cream of Tomato Soup, Grilled Cheese</p>	<p>8 (D) Shrimp Tenders w/ Scalloped Potatoes or Chicken & Noodles, Broccoli</p> <p>(S) Tator Tot Casserole, Peas, Roll</p>	<p>9 (D) Swiss Steak w/ Tomatoes or Roast Pork, Parslied Red Potatoes, Green Beans</p> <p>(S) Garden Vegetable Soup, Egg Salad Sandwich, Chips</p>	<p>10 (D) Chicken Alfredo Pasta or Meatloaf w/ Baked Potato, Italian Vegetables</p> <p>(S) Pulled Pork on a Bun, Tator Tots</p>	<p>11 (D) Meatball Sandwich w/ Potato Salad or Breaded Fish w/ Pea Salad</p> <p>(S) Turkey BLT Salad, Warm Cinnamon Rice</p>	<p>12 (D) Marinated Pork Chop, Pasta Salad, Baked Beans</p> <p>(S) Unstuffed Green Pepper Casserole, Carrots</p>
<p>13 (D) Country Fried Chicken, Mashed Potatoes w/ Gravy, Green Beans, Roll</p> <p>(S) Vegetable Beef Soup, Deli Sandwich, Potato Chips</p>	<p>14 (D) Baked Ham w/ Red Potatoes or Meatloaf w/ Scalloped Potatoes, Mixed Vegetables</p> <p>(S) Taco Salad, w/ Sour Cream & Taco Sauce, Chuckwagon Corn</p>	<p>15 (D) Roast Turkey w/ Mashed Potatoes & Gravy or Herb Baked Fish w/ Rice Pilaf, Spinach Au Gratin</p> <p>(S) Sloppy Joe on a Bun, Tator Tots</p>	<p>16 (D) <i>Cook Out.</i> Hamburger w/ Pickle/Onions or Hot Dog, Broccoli Salad, Chips</p> <p>(S) Chicken Tenders, Tossed Salad, Garlic Toast</p>	<p>17 (D) Creamy Chicken w/ Stuffing or Beef & Noodles w/ Tomato Slice, Carrots</p> <p>(S) Root Beer BBQ Meatballs, Potato Salad, Corn Bread</p>	<p>18 (D) Seasoned Tilapia w/ Tator Tot Bake or BLT Sandwich w/ Deviled Eggs, Peas</p> <p>(S) Steak House Salad, Crackers</p>	<p>19 (D) Chicken Alfredo, Vegetable Blend, Garlic Toast</p> <p>(S) Ham & Potato Bake, Beets</p>
<p>20 (D) BBQ Ribs, Cheesy Potatoes, Steamed Broccoli</p> <p>(S) Turkey & Cheese Croissant, Tator Tots</p>	<p>21 (D) Herb Baked Chicken w/ Garlic Butter Noodles or Breaded Fish w/ Baked Potato</p> <p>(S) Cabbage Beef Soup, Garlic Cheese Bread</p>	<p>22 (D) Roast Beef w/ Mashed Potatoes & Gravy or Creamed Turkey Over a Biscuit</p> <p>(S) Italian Chicken Pasta, Tossed Salad, Breadstick</p>	<p>23 (D) Glazed Pork Chop w/ Baked Sweet Potato or Country Fried Chicken w/ Stuffing, Pea Salad</p> <p>(S) Homemade Chili, Grilled Cheese</p>	<p>24 (D) Goulash w/ Garlic Toast or Hamburger Steak w/ Mashed Potatoes, Cascade Blend Vegetables</p> <p>(S) Bratwurst on Bun, Potato Salad, Baked Beans</p>	<p>25 (D) Baked Cod or Baked Ham, Scalloped Potatoes, Green Beans, Roll</p> <p>(S) Southwest Chicken Salad, Cornbread</p>	<p>26 (D) Country Fried Steak, Mashed Potatoes w/ Gravy, Carrots</p> <p>(S) Hot Ham & Cheese Sandwich, Tator Tots, Tossed Salad</p>
<p>27 (D) Turkey Pot Roast, Stuffing, Roasted Brussel Sprouts, Dinner Roll</p> <p>(S) Ham Salad Croissant, Potato Chips</p>	<p>28 (D) Glazed Meatloaf or Herb Baked Chicken, Mashed Potatoes w/ Gravy, Creamed Peas</p> <p>(S) Italian Pork Sandwich, Vegetable Soup, Tossed Greens</p>	<p>29 (D) Tuna & Noodles w/ Garlic Toast or Pepper Steak w/ Scalloped Potatoes</p> <p>(S) Black Oak Sausage, Creamy Coleslaw, Fried Potatoes</p>	<p>30 (D) <i>Cook Out.</i> Grilled Shrimp or Chicken Drumsticks (1 or 2), Pasta Salad, Coleslaw</p> <p>(S) Pizza, Tossed Salad, Breadstick</p>			



