

# River Bend JULY 2020 Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
				<b>1 (D)</b> Glazed Pork Chop w/ Baked Sweet Potato or Country Fried Chicken w/ Stuffing, Pea Salad  <b>(S)</b> Homemade Chili, Grilled Cheese	<b>2 (D)</b> Goulash w/ Garlic Toast or Hamburger Steak w/ Mashed Potatoes, Cascade Blend Vegetables  <b>(S)</b> Bratwurst on a Bun, Potato Salad, Baked Beans	<b>3 (D)</b> Baked Cod or Baked Ham, Scalloped Potatoes, Green Beans  <b>(S)</b> Southwest Chicken Salad, Corn Bread	<b>4 <i>Happy 4<sup>th</sup> of July!</i></b> <b>(D)</b> Country Fried Steak, Mashed Potatoes w/ Gravy, Carrots  <b>(S)</b> Hot Ham & Cheese Sandwich, Tater Tots, Tossed Salad
<b>5 (D)</b> Turkey Pot Roast, Stuffing, Spinach w/ Vinegar  <b>(S)</b> Shredded Beef Taco, Southwest Corn	<b>6 (D)</b> Glazed Meatloaf or Herb Baked Chicken, Mashed Potatoes, Gravy, Creamed Peas  <b>(S)</b> Italian Pork Sandwich, Tossed Greens	<b>7 (D)</b> Tuna & Noodles w/ Garlic Toast or Pepper Steak with Scalloped Potatoes, Broccoli  <b>(S)</b> Black Oak Smoked Sausage, Fried Potatoes	<b>8 (D) <i>Cook Out.</i></b> Grilled Chicken or Brat w/ Sauerkraut, Potato Salad, Pasta Salad  <b>(S)</b> Pizza, Tossed Salad, Breadstick	<b>9 (D)</b> Honey BBQ Chicken w/ Mac & Cheese or Herb Pork Loin w/ Baked Sweet Potato, Mixed Vegetables  <b>(S)</b> BLT Sandwich, Cottage Cheese	<b>10 (D)</b> Breaded Fish Filet w/ Roasted Potatoes or Beef Minute Steak w/ Garlic Butter Noodles, Italian Blend Vegetables  <b>(S)</b> Cheeseburger on a Bun, Mac Salad	<b>11 (D)</b> Creamed Chicken on a Biscuit, Peas and Carrots  <b>(S)</b> Spaghetti & Meatballs, Tossed Salad, Garlic Toast	
<b>12 (D)</b> Roast Beef, Mashed Potatoes w/ Gravy, Corn  <b>(S)</b> Denver Omelet, Fried Potatoes	<b>13 (D)</b> Sweet & Sour Pork w/ Steamed Rice or Black Oak Sausage w/ Fried Potatoes, Vegetable Blend  <b>(S)</b> Cream of Tomato Soup, Grilled Cheese Sandwich	<b>14 (D)</b> Shrimp Tenders w/ Scalloped Potatoes or Chicken and Noodles, Broccoli  <b>(S)</b> Tater Tot Casserole, Peas	<b>15 (D)</b> Swiss Steak w/ Tomatoes or Roast Pork, Parslied Red Potatoes, Balsamic Green Beans  <b>(S)</b> Garden Vegetable Soup, Egg Salad Sandwich, Chips	<b>16 (D)</b> Chicken Alfredo Pasta or Meatloaf w/ Baked Potato, Italian Vegetables  <b>(S)</b> Pulled Pork on a Bun, Tater Tots	<b>17 (D)</b> Meatball Sandwich w/ Potato Salad or Breaded Fish w/ Pea Salad  <b>(S)</b> Turkey BLT Salad, Warm Cinnamon Rice	<b>18 (D)</b> Marinated Pork Chop, Pasta Salad, Baked Beans  <b>(S)</b> Unstuffed Green Pepper Casserole, Carrots	
<b>19 (D)</b> Country Fried Chicken, Mashed Potatoes, Country Gravy, Green Beans  <b>(S)</b> Vegetable Beef Soup, Deli Sandwich, Chips	<b>20 (D)</b> Baked Ham w/ Red Potatoes or Meatloaf w/ Scalloped Potatoes, Mixed Vegetables  <b>(S)</b> Taco Salad, Chuckwagon Corn	<b>21 (D)</b> Roast Turkey w/ Mashed Potatoes & Gravy or Herb Baked Fish w/ Rice Pilaf, Spinach Au Gratin  <b>(S)</b> Sloppy Joe on a Bun, Tater Tots	<b>22 (D) <i>Cook Out.</i></b> Hamburger w/ Pickle/Onion or Hot Dog, Pasta Salad  <b>(S)</b> Chicken Tenders, Tossed Salad, Garlic Toast	<b>23 (D)</b> Creamy Chicken w/ Stuffing or Beef & Noodles w/ Tomato Slice, Carrots  <b>(S)</b> Root Beer BBQ Meatballs, Potato Salad, Cornbread	<b>24 (D)</b> Seasoned Tilapia w/ Tater Tot Bake or BLT Sandwich w/ Deviled Eggs, Peas  <b>(S)</b> Steakhouse Salad, Crackers, Mixed Fruit	<b>25 (D)</b> Chicken Alfredo, Vegetable Blend, Garlic Toast  <b>(S)</b> Ham & Potato Bake, Mixed Vegetables	
<b>26 (D)</b> BBQ Ribs, Cheesy Potatoes, Steamed Broccoli  <b>(S)</b> Turkey & Cheese Croissant, Tater Tots	<b>27 (D)</b> Herb Baked Chicken w/ Garlic Butter Noodles or Breaded Fish w/ Baked Potato, Chuckwagon Corn  <b>(S)</b> Cabbage Beef Soup, Garlic Cheese Bread	<b>28 (D)</b> Roast Beef w/ Mashed Potatoes, Gravy or Creamed Turkey Over Biscuit, Vegetable Blend  <b>(S)</b> Italian Chicken Pasta, Tossed Salad, Breadstick	<b>29 (D)</b> Glazed Pork Chop w/ Baked Sweet Potato or Country Fried Chicken w/ Stuffing, Pea Salad  <b>(S)</b> Homemade Chili, Grilled Cheese	<b>30 (D)</b> Goulash w/ Garlic Toast or Hamburger Steak w/ Mashed Potatoes, Cascade Blend Vegetables  <b>(S)</b> Bratwurst on a Bun, Potato Salad, Baked Beans	<b>31 (D)</b> Baked Cod or Baked Ham, Scalloped Potatoes, Green Beans  <b>(S)</b> Southwest Chicken Salad, Corn Bread		

