

# River Bend March 2020 Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 (D)</b> Applewood Pork Loin, Baked Potato, Scandinavian Vegetables  <b>(S)</b> Vegetable Soup, Deli Sandwich	<b>2 (D)</b> Meatloaf or Pepper Steak, Baby Bakers, Green Beans  <b>(S)</b> Sloppy Joe, Potato Wedges	<b>3 (D)</b> Creamy Chicken Carbonara or BBQ Rib Patty, Roasted Red Potatoes, Carrots  <b>(S)</b> Crispy Fish Sandwich, Scalloped Potatoes	<b>4 (D)</b> Honey Baked Ham or Country Fried Steak, Mashed Potatoes, Gravy, Green Beans  <b>(S)</b> Chicken Noodle Soup, Crackers	<b>5 (D)</b> Roast beef or Baked Pork Chop, Mashed Potatoes, Gravy, Cascade Blend Vegetables  <b>(S)</b> Cheeseburger, Potato Salad	<b>6 (D)</b> Shrimp Scampi or Baked Chicken Breast, Penne Pasta, Peas  <b>(S)</b> Broccoli Cheese Soup, Crackers	<b>7 (D)</b> Chili, Crackers  <b>(S)</b> Egg Salad Sandwich, Potato Chips
<b>8 (D)</b> Country Fried Chicken, Mashed Potatoes, Country Gravy, Harvard Beets  <b>(S)</b> Denver Omelet, Sausage	<b>9 (D)</b> Glazed Ham Balls or Pork Tenderloin, Garlic Mashed Potatoes, Green Beans  <b>(S)</b> Beef Stew, Crackers, Mac Salad	<b>10 (D)</b> Spaghetti with Meat Sauce or Pork Chop, Baked Beans, Spinach  <b>(S)</b> Hamburger, Potato Salad	<b>11 (D)</b> Country Fried Steak or Herb Baked Fish, Mashed Potatoes, Brussel Sprouts  <b>(S)</b> Ham & Bean Soup, Crackers	<b>12 (D)</b> Lemon Rosemary Chicken or Steak w/ Mushroom & Onion Gravy, Roasted Potatoes, Winter Squash  <b>(S)</b> Beef Stroganoff, Noodles, Broccoli	<b>13 (D)</b> Beer Battered Tilapia or Chili Macaroni, Potato Casserole, Roll  <b>(S)</b> Mac & Cheese, Mixed Vegetables, Roll	<b>14 (D)</b> Goulash, Tossed Salad, Garlic Bread  <b>(S)</b> Cranberry Walnut Chicken Salad Sandwich, Potato Salad
<b>15 (D)</b> Pot Roast, Baked Potato, Mixed Vegetables  <b>(S)</b> Tomato Soup, Grilled Cheese Sandwich	<b>16 (D)</b> Baked Swiss Chicken or Meatloaf, Rice Pilaf, Corn, Roll  <b>(S)</b> Hamburger Slider, Lettuce/Tomato, Baked Beans	<b>17 St. Patrick's Day (D)</b> Corned Beef or Breaded Fish Filet, Sweet Potato Puffs, Cabbage, Roll  <b>(S)</b> Chili, Crackers	<b>18 (D) 55+ Older Luncheon</b> Irish Beef Stew, Biscuit, Tossed Salad  <b>(S)</b> Pizza, Tossed Salad	<b>19 (D)</b> Chicken Parmesan Stuffed Shells or Black Oak Sausage, Diced Potatoes, Peppers and Onions  <b>(S)</b> Turkey Sandwich w/ Walnuts and Mayo, Sweet Potato Puffs	<b>20 (D)</b> Salmon Croquette or Beef Minute Steak, Scalloped Potatoes, Lemon Broccoli  <b>(S)</b> Chicken and Rice Soup, Biscuit	<b>21 (D)</b> Sweet Meatballs, Noodles, Scandinavian Vegetables  <b>(S)</b> Tuna Salad Sandwich, Potato Chips
<b>22 (D)</b> Roast Turkey, Cranberry Sauce, Mashed Potato, Gravy, Carrots  <b>(S)</b> Breaded Fish Filet, Vegetable Blend	<b>23 (D)</b> Italian Ragu or Country Fried Chicken, Sweet Potatoes, Broccoli  <b>(S)</b> Reuben Sandwich, Pasta Salad	<b>24 (D)</b> Meatloaf or Pork Chop, Mashed Potatoes, Gravy, Cascade Blend  <b>(S)</b> Beef with Noodles, Mixed Vegetables	<b>25 (D)</b> Old Bay Seasoned Fish or Swiss Steak w/ Tomatoes, Roasted Potatoes, Peas  <b>(S)</b> BBQ Rib Sandwich, Coleslaw	<b>26 (D)</b> Sweet Onion Cranberry Chicken or Black Oak Sausage, Pasta Salad, Cheesy Corn  <b>(S)</b> Creamed Turkey, Biscuit	<b>27 (D)</b> Pork Chops or Herb Baked Fish, Mashed Potatoes, Gravy, Brussel Sprouts  <b>(S)</b> Vegetable Soup, Crackers	<b>28 (D)</b> Beef Stew, Tossed Salad, Biscuit  <b>(S)</b> Cheddarwurst on a Bun, Sauerkraut, Potato Salad
<b>29 (D)</b> Applewood Pork Loin, Baked Potato, Scandinavian Vegetables  <b>(S)</b> Vegetable Soup, Deli Sandwich	<b>30 (D)</b> Meatloaf or Pepper Steak, Baby Bakers, Green Beans  <b>(S)</b> Sloppy Joe, Potato Wedges	<b>31 (D)</b> Creamy Chicken Carbonara or BBQ Rib Patty, Roasted Red Potatoes, Carrots  <b>(S)</b> Crispy Fish Sandwich, Scalloped Potatoes				



**We kindly request a 24- hour notice for guests.  
All meals are served in the dining room.**