


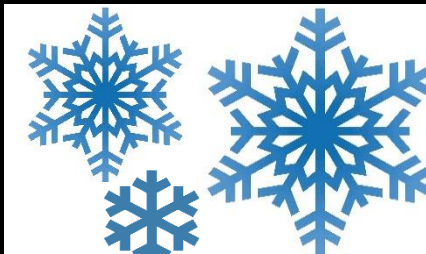


River Bend January Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
			1	2	3	4
				9:30 BINGO (M) 10:00 BINGO 11:00 RB Bucks Store (open until 11:30) 12:15 Resident Meeting 2:00 Snowman Craft 3:10 Snowman Craft (M)	9:30 Coffee & News (M) 10:30 Chair Exercise 1:00 Brother's Market 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	3:00 Rosary 3:30 Mass
5	6	7	8	9	10	11
	9:30 Chair Exercise (M) 10:00 Chair Exercise 2:00 Baking Club 3:10 Baking Club (M)	9:30 Card BINGO (M) 10:00 Card BINGO 1:30 Crafts w/ Above & Beyond 2:30 Crafts w/ Above & Beyond (M)	9:00 Manicures 9:30 Chair Yoga(M) 9:30 Bible Study 2:00 Happy Hour 3:10 Happy Hour (M)	9:30 BINGO (M) 10:15 BINGO 11:00 RB Bucks Store (Open until 11:30) 1:00 Mass with Fr. Loecke 2:00 Camp Courageous Presentation	9:30 Reminiscing (M) 10:30 Chair Exercise 1:00 Dollar General 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	9:00 Worship & Prayer w/ Presbyterian Church
12	13	14	15	16	17	18
	9:30 Chair Exercise (M) 10:00 Ageless Art w/ Xene 2:00 Board Games 3:10 Story Writing (M)	10:00 Ageless Art w/ Xene (M) 10:15 Card BINGO 2:00 Worship & Prayer w/ Cornerstone Church	9:30 Chair Yoga(M) 9:30 Bible Study 11:30 55+ Older Luncheon 12:30 Winter Craft	9:30 BINGO (M) 10:15 BINGO 11:00 RB Bucks Store (Open until 11:30) 2:00 Trivia + Popcorn 3:10 Trivia + Popcorn (M) 5:00 Dementia Support Group	9:30 Coffee & News (M) 10:30 Chair Exercise 1:00 Brother's Market 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	3:00 Rosary 3:30 Mass
19	20	21	22	23	24	25
	9:30 Chair Exercise (M) 10:00 Chair Exercise 2:00 Show & Share 3:10 Show & Share (M)	9:30 Card BINGO (M) 10:15 Card BINGO 2:00 Table Ball 3:10 Table Ball (M)	9:30 Chair Yoga(M) 9:30 Bible Study 2:00 Happy Hour 3:10 Happy Hour (M)	9:30 BINGO (M) 10:15 BINGO 11:00 RB Bucks Store (Open until 11:30) 1:30 Bowling 3:10 Balloon Volley (M)	10:00 Piano by Cara 1:00 Dollar General 2:00 Wheel of Fortune 3:10 Chair Exercise (M)	
26	27	28	29	30	31	
	9:30 Chair Exercise (M) 10:00 Chair Exercise 1:00 Hospice of Dubuque Presentation by Diane Fasselius 3:10 Baking Club (M)	9:30 Card BINGO (M) 10:15 Card BINGO 2:00 Worship & Prayer w/ Cornerstone Church 3:00 Bo & Ed Visit	9:30 Chair Yoga(M) 9:30 Bible Study 1:30 Music w/ Darlene Meyer	9:30 BINGO (M) 10:15 BINGO 11:00 RB Bucks Store (Open until 11:30) 1:30 Valentine's Craft 3:10 Valentine's Craft (M)	9:30 Coffee & News (M) 10:30 Chair Exercise 1:00 Brother's Market 2:00 Wheel of Fortune 3:10 Manicures (M)	
				<p>Activities in red are open to the public. <u>Note: Times and activities are subject to change</u></p> <p>(M) is for Moment's Activities</p>		