





River Bend August 2019 Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>4 (D) Fried Chicken, Mashed Potatoes, Chicken Gravy, Green Beans</p> <p>(S) Sloppy Joe on a Bun, Potato Chips</p>	<p>5 (D) Spaghetti & Meat Sauce or Breaded Cod Fish Fillet w/ Baked Potato, Malibu Blend Vegetables, Garlic Toast</p> <p>(S) Chicken Salad Sandwich, Tator Tots</p>	<p>6 (D) Pork Loin or herb Baked Chicken, Mashed Potatoes & Gravy, Blended Vegetables</p> <p>(S) Sausage & Egg on a Biscuit, Fruit</p>	<p>7 (D) <i>Cook Out.</i> Boneless Pork Ribs or Cheese Brats, Potato Salad, Coleslaw</p> <p>(S) Ham & Cheese Sandwich, French Fries</p>	<p>1 (D) Roast Beef or Herb Baked Pork Chop, Mashed Potatoes, Parslied Carrots</p> <p>(S) Sausage & Cheese on a Biscuit</p>	<p>2 (D) Salmon Florentine or Salisbury Steak w/ Mushroom Gravy, Mashed Potatoes/Marg, Blended Vegetables</p> <p>(S) Grilled Turkey & Swiss Cheese Sandwich, Potato Chips</p>	<p>3 (D) Beef Enchilada or Chicken Breast on Bun, Pea Salad</p> <p>(S) Vegetable Soup, Deli Sandwich</p>
<p>11 (D) Roast Beef, Mashed Potatoes, Gravy, Glazed Carrots, Fruit, Pie</p> <p>(S) Fish Sandwich, Onion Tangles</p>	<p>12 (D) Potato Crusted Chicken Breast or Country Fried Steak & Gravy, Fried Potatoes, Peas</p> <p>(S) Chili, Cucumber Salad</p>	<p>13 (D) Honey Mustard Chicken or Glazed Ham, Mashed Potatoes, Vegetable Blend</p> <p>(S) Bratwurst on Bun, Sauerkraut, Potato Chips</p>	<p>14 (D) <i>55 & Older.</i> Roast Turkey or Pork Chop, Mashed Potatoes, Gravy, Green Beans, Dinner Roll.</p> <p>(S) Philly Steak Sandwich, Tator Tots</p>	<p>15 (D) Lasagna w/ Breadstick or Pork Loin, Mashed Potatoes, Capri Blend Vegetables</p> <p>(S) Turkey & Cheese Sandwich, Potato Chips</p>	<p>16 (D) Salmon with Lemon Sauce or Meat Loaf, Mashed Potatoes, Glazed Carrots.</p> <p>(S) Italian Goulash, Toss Salad w/ Dressing</p>	<p>17 (D) Chicken Fajita Pasta or Loaded Baked Potato (Chili), Corn.</p> <p>(S) Chicken Pot Pie, Garlic Bread</p>
<p>18 (D) Meat Loaf, Mashed Potatoes & Gravy, Green Bean Casserole, Pie.</p> <p>(S) Ham & Cheese Sandwich, Onion Rings</p>	<p>19 (D) Lemon Pepper Cod or Boneless Style BBQ Ribs, Tater Tots, Parslied Carrots</p> <p>(S) Beef Stew, Dinner Rolls</p>	<p>20 (D) Herb Crusted Pork Steak or Chicken Cordon Bleu, Mashed Potatoes, Corn</p> <p>(S) Omelet Fritta, Sausage</p>	<p>21 (D) <i>Cook Out.</i> Hamburgers or Pork Kabobs, Macaroni Salad, Baked Beans</p> <p>(S) Pizza, Tossed Greens w/ Dressing</p>	<p>22 (D) Glazed Ham w/ Baked Potato or Beef & Noodles, Mixed Vegetables</p> <p>(S) Smoked Sausage Sandwich w/ Peppers & Onions, Potato Chips</p>	<p>23 (D) Herb Roasted Chicken or Pollock Fish Fillet, Mashed Potatoes, Gravy, Capri Blend Veg.</p> <p>(S) Pork Patty on a Bun, Tomato Slices</p>	<p>24 (D) Honey Garlic Meatballs or Chicken Drumsticks, Scalloped Potatoes, Pickled Beets</p> <p>(S) Taco Salad, Black Bean & Corn Salsa</p>
<p>25 (D) Pork Loin, Mashed Potatoes, Gravy, Peas</p> <p>(S) Chicken Patty on a Bun, Creamy Cucumber Salad</p>	<p>26 (D) Breaded Fish Filet or Chicken Breast Fritters. Baked Potato, Green Beans</p> <p>(S) Cold Cut Sandwich, Potato Chips</p>	<p>27 (D) Hot Roast Beef Sandwich or Apple Crusted Pork Chop, Mashed Potatoes, Beef Gravy, Corn</p> <p>(S) Potato with Bacon Soup, Dinner Rolls</p>	<p>28 (D) Steak w/ Mushroom Gravy or Scalloped Potatoes & Ham, Malibu Blend Vegetables</p> <p>(S) Tuna & Noodle Bake, Cascade Blend Vegetables</p>	<p>29 (D) Roast Beef or Herb Baked Pork Chop, Mashed Potatoes, Parslied Carrots</p> <p>(S) Sausage & Cheese on a Biscuit</p>	<p>30 Cod or Pork Tips w/ Gravy, Mashed Potatoes, Blended Vegetables</p> <p>(S) Grilled Turkey & Swiss Cheese Sandwich, Potato Chips</p>	<p>31 (D) Beef Enchilada or Chicken Breast on Bun, Pea Salad</p> <p>(S) Vegetable Soup, Deli Sandwich</p>



**We kindly request a 24- hour notice for guests.
All meals are served in the dining room.**