

**June Events
at River Bend
Open to the Public**

Bible Study

Every Wednesday
9:30 am

Worship and Prayer

hosted by:
Presbyterian Church
Saturday, June 8
9:00 am

Donuts with Dad

Friday, June 14th
10:00 am
RSVP by June 12th
563-852-5001

**Complimentary
55 and Older
Lunch & Music in
the Courtyard**

Wednesday, June 19th
Lunch at 11:30 am
RSVP to 563-852-5001
by June 11th for lunch
Music by Nutsy & Lori
to follow starting at
approximately 12:30

Sing -Along Music

Monday, June 24th
1:30 pm music with
Shirley Dolphin

Summer is on it's way!

June has arrived, and this means summer is right around the corner with June 21st being the official first day. Unfortunately, we have been on a weather roller-coaster this spring temperature wise. Because of what Mother Nature sent us we had to work around the rain and cold for many of our May activities. In mid May we took advantage of a beautiful day and were able to get the gardens and flowers planted at River Bend. Residents and Staff had a wonderful time working together in the dirt! Now it's important to keep everything watered and hope for some sunshine too! It is always exciting to watch the produce sprout and grow. Gardening is therapeutic for many, even those who don't enjoy sowing the seeds take delight in watching the garden's progress and of course we savor the harvest! We planted a large variety of vegetables this year including beans, lettuce, peppers, tomatoes and more. Watch our website and Facebook page for more of garden updates! We are all excited to see and enjoy the "fruits of our labor."



Helen



Erma



Pat

Tori



Let's celebrate!

June Celebrations

Resident Birthdays

Paul Massey June 3

Vivian Zalaznik June 17

Erma Soppe June 18

Harvey Seiler June 29

Staff Birthdays

Rachel Hahn June 5

Hope Jesenovec June 6

Brittany Schaul June 15

Julie Oswald June 17

Wedding Anniversary

Paul & Mary Ehlinger June 8

Fun for Moms



We celebrated with Mothers and Daughters here at River Bend on Friday, May 10th with our Mothers Day coffee & donuts event. Our guests and residents enjoyed refreshments and tasty treats. All those in attendance had an opportunity to take photos in our photo booth. Check out some of those photos below and find more on the photo gallery section of our website www.riverbendal.com



Ida & 3 daughters



Dolores



Rosella



Carolyn

Bess



Flag day June 14th

A special day for all Americans to celebrate and show respect for our flag, its designers and makers. Our flag is representative of our independence and our unity as a nation.....one nation, under God, indivisible. Our flag has a proud and glorious history.

It was at the lead of every battle fought by Americans. Many people have died protecting it. It even stands proudly on the surface of the moon. As Americans, we have every right to be proud of our culture, our nation, and our flag. So we will raise the flag on June 14th and every day with pride!

Celebrate
with
Father's and
all the
special men
in your life on
June 16th



Staff Spotlight

We would like to introduce you to Kelli Topping. She is the Administrative Assistant here at River Bend and we are lucky to have her smile and help in the front office Monday thru Friday.

Kelli grew up right here in Cascade and continues to live just outside of town with her husband Nate and 3 children. When not at River Bend Kelli can often be found cheering her children on at the ball diamond!



Save the date



CORDIALLY INVITES YOU & YOUR FAMILY TO OUR

13th
Anniversary
Celebration



SUNDAY JULY 14TH

Complimentary Lunch
12 PM - 1 PM
Music By Chris Ross
1 PM - 3PM



June is Great Outdoors Month

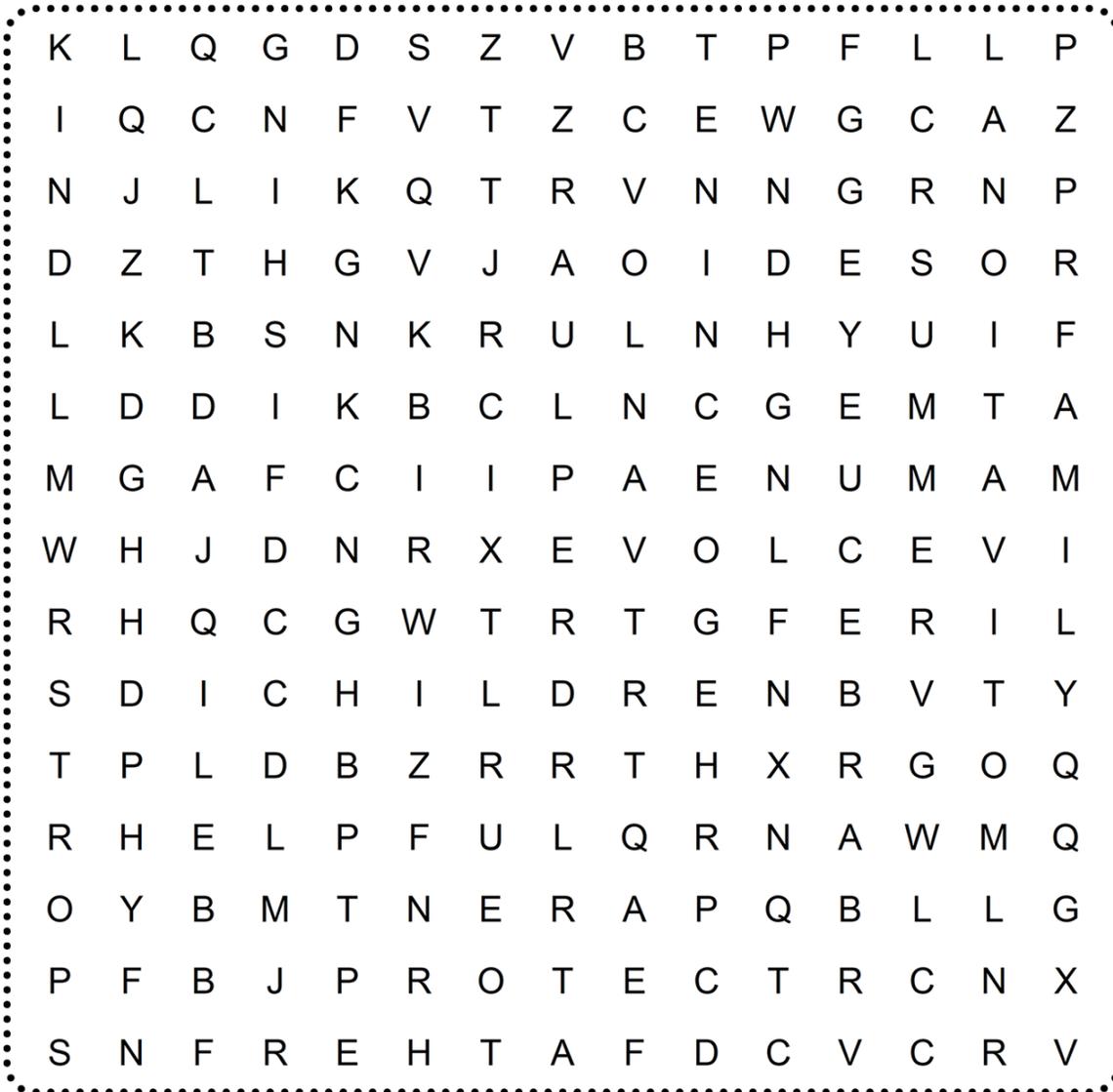


If you love getting out and about and enjoying yourself, Great Outdoors Month is the perfect month for you!

It's a wonderful opportunity to engage in outside play.

Getting out and about is part of a healthier lifestyle, it is often a free or inexpensive day out for people and can be a lot of fun. It's a great way to learn about nature and the environment and be entertaining to all ages. Great Outdoors Week started in 1998 and expanded to Great Outdoors Month in 2004. It aims to encourage more people to get out and enjoy the world around them, whether that be simply by sitting on the porch in a comfortable chair or taking a walk, or taking part in an outdoor activity. There is so much the great outdoors has to offer, so this Great Outdoors Month, why not get out there and enjoy it!

FATHER'S DAY WORD SEARCH



BARBECUE
BRAVE
CHILDREN
DAD
FAMILY



FATHER
FISHING
GRILLING
HELPFUL
JUNE

KIND
LOVE
MOTIVATIONAL
PARENT
PICNIC

PROTECT
SPORTS
STRONG
SUMMER
TEACHER

