

River Bend January 2019 Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 (D) Spaghetti with Meat Sauce or Cherry Glazed Ham, Hashbrown Casserole, Carrots (S) Beans and Franks, Tossed Salad	2 (D) Steak with Mushroom and Onion Gravy or Pork Roast, Stuffing, Seasonal Vegetables (S) Classic Tuna & Noodle Bake, California Medley	3 (D) Bruschetta Chicken Breast or Smoked Sausage, Fried Potatoes, Cascade Blend Vegetables (S) Scrambled Eggs, Bacon, Hashbrown Patty	4 (D) Beef Liver & Onions or Fish, Mashed Potatoes, Beef Gravy, Broccoli (S) Cream of Tomato Soup and Grilled Cheese Sandwich	5 (D) Au Gratin Potatoes and Ham or Sweet & Sour Meatballs, Baked Potato, Vegetable Blend (S) Smoked Chicken Wings, Potato Salad, Green Beans
6 (D) Roast Beef, Mashed Potatoes, Beef Gravy, Glazed Carrots (S) Tuna Noodle Casserole, Buttered Peas	7 (D) Apple Crusted Pork Chop or Beef Minute Steak, Mashed Potatoes & Gravy, Green Beans (S) Loaded Chicken & Potatoes, Pickled Beets	8 (D) Maple Glazed Meatloaf or Roast Turkey, Mini Baker Potatoes, Cascade Blend Vegetables (S) Sloppy Joe on a Bun, Baked Beans, Potato Chips	9 (D) Chicken Breast Cordon Bleu or Roasted Pork, Mashed Potatoes & Gravy, Broccoli (S) 55 & Older Chili and Soup Supper	10 (D) Ravioli with Marinara Sauce or Open Faced Roast Beef Sandwich, Mashed Potatoes, Mixed Vegetables (S) Cheeseburger, Pasta Salad	11 (D) Salmon Florentine or Baked Ham, Fried Potatoes, California Blend (S) Hot Ham and Cheese Sandwich, Potato Chips	12 (D) Minute Steak or Tacos, Au Gratin Potatoes, Corn (S) Autumn Chicken Salad with Ranch Dressing
13 (D) Pork Loin, Candied Sweet Potatoes, Brussels Sprouts (S) Oven Baked Chili Dog and Potato Salad	14 (D) Smothered Chicken or Breaded Fish Filet, Fried Potatoes, Mixed Vegetables (S) Cranberry BBQ Meatballs, Green Beans	15 (D) Country Fried Steak or Baked Pork Chop, Mashed Potatoes & Country Gravy, Carrots (S) Old Fashioned Chicken & Noodles	16 (D) Hamburger Steak with Gravy or Turkey, Mashed Potatoes, Gravy, Broccoli (S) Classic Beef Stew, Biscuit, Cottage Cheese	17 (D) Lasagna or Fried Chicken, Mashed Potatoes & Gravy, Cascade Blend Vegetables (S) Omelet and Cinnamon Roll	18 (D) Meatloaf or Catch of the Day, Baked Potato, Green Bean Casserole (S) Chili, Lettuce Salad	19 (D) Baked Chicken Drumsticks or Italian Beef Roast with Au Jus, Potato Salad, Corn (S) Pulled Pork Sandwich, Stewed Tomatoes, Potato Rounds
20 (D) Roast Beef, Mashed Potatoes & Gravy, California Medley (S) Chicken Breast Tenders and Party Potatoes	21 (D) Creamy Tomato Pasta with Sausage with Garlic Bread or Baked Ham, Mashed Potatoes & Gravy, Cascade Blend Vegetables (S) Chicken Noodle Soup and Cold Cut Sandwich	22 (D) Beef Pot Roast or Pork Chop, Mashed Potatoes & Beef Gravy, Harvard Beets (S) Tater Tot Casserole and Mixed Vegetables	23 (D) Tater Crusted Chicken or Herbed Baked Fish, Paprika Sweet Potatoes, Green Beans (S) Grilled Ham & Cheese Sandwich and Potato Chips	24 (D) Pork Loin or Herb Baked Chicken, Mini Baker Potatoes, Brussels Sprouts (S) Hamburger on a Bun, Baked Beans, Potato Chips	25 (D) Breaded Cod Scrod or Meatballs with Sauce, Macaroni and Cheese, Vegetable Blend (S) Smoked Sausage, Au Gratin Potatoes	26 (D) Boneless BBQ Ribs or Ham Loaf, Mashed Potatoes, Carrots (S) Egg salad on Croissant, Potato Salad
27 (D) Country Fried Chicken, Mashed Potatoes, Gravy, Peas (S) Pulled Pork on a Bun, BBQ Sauce, Sweet Potato Wedges	28 (D) Swiss Steak with Tomatoes or Herb Baked Chicken, Parsley Mashed Potatoes, Baked Beans (S) Cold Cut Sandwich and Potato Chips	29 (D) Spaghetti with Meat Sauce or Cherry Glazed Ham, Hashbrown Casserole, Carrots (S) Beans and Franks, Tossed Salad	30 (D) Steak with Mushroom and Onion Gravy or Pork Roast, Stuffing, Seasonal Vegetables (S) Classic Tuna & Noodle Bake, California Medley	31 (D) Bruschetta Chicken Breast or Smoked Sausage, Fried Potatoes, Cascade Blend Vegetables (S) Scrambled Eggs, Bacon, Hashbrown Patty	<p>All Meals are Served in the Dining Room.</p> <p>We kindly request 24-hour notice for guests.</p> 	