

# River Bend November 2018 Menu

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**1**  
(D) Pork Loin or Herb Baked Chicken, Mini Baker Potatoes, Brussels Sprouts  
  
(S) Hamburger on a Bun, Baked Beans, Potato Chips

**2**  
(D) Breaded Cod Scrod or Meatballs with Sauce, Macaroni and Cheese, Vegetable Blend  
  
(S) Smoked Sausage, Au Gratin Potatoes

**3**  
(D) Boneless BBQ Ribs or Ham Loaf, Mashed Potatoes, Carrots  
  
(S) Egg salad on Croissant, Potato Salad

**4**  
(D) Country Fried Chicken, Mashed Potatoes, Gravy, Peas  
  
(S) Pulled Pork on a Bun, BBQ Sauce, Sweet Potato Wedges

**5**  
(D) Swiss Steak with Tomatoes or Herb Baked Chicken, Parsley Mashed Potatoes, Baked Beans  
  
(S) Cold Cut Sandwich and Potato Chips

**6**  
(D) Spaghetti with Meat Sauce or Cherry Glazed Ham, Hashbrown Casserole, Carrots  
  
(S) Beans and Franks, Tossed Salad

**7**  
(D) Steak with Mushroom and Onion Gravy or Pork Roast, Stuffing, Seasonal Vegetables  
(S) Classic Tuna & Noodle Bake, California Medley

**8**  
(D) Bruschetta Chicken Breast or Smoked Sausage, Fried Potatoes, Cascade Blend Vegetables  
  
(S) Scrambled Eggs, Bacon, Hashbrown Patty

**9**  
(D) Beef Liver & Onions or Fish, Mashed Potatoes, Beef Gravy, Broccoli  
  
(S) Cream of Tomato Soup and Grilled Cheese Sandwich

**10**  
(D) Au Gratin Potatoes and Ham or Sweet & Sour Meatballs, Baked Potato, Vegetable Blend  
  
(S) Smoked Chicken Wings, Potato Salad, Green Beans

**11** *Resident & Family Thanksgiving Dinner*  
(D) Turkey, Mashed Potatoes, Gravy, Stuffing, Green Bean Casserole, Cranberry Sauce  
  
(S) Tuna Noodle Casserole, Buttered Peas

**12**  
(D) Apple Crusted Pork Chop or Beef Minute Steak, Mashed Potatoes & Gravy, Green Beans  
  
(S) Loaded Chicken & Potatoes, Pickled Beets

**13**  
(D) Maple Glazed Meatloaf or Roast Turkey, Mini Baker Potatoes, Cascade Blend Vegetables  
  
(S) Sloppy Joe on a Bun, Baked Beans, Potato Chips

**14**  
(D) Chicken Breast Cordon Bleu or Roasted Pork, Mashed Potatoes & Gravy, Broccoli  
  
(S) Spaghetti with Meat Sauce, Green Beans

**15**  
(D) Ravioli with Marinara Sauce or Open Faced Roast Beef Sandwich, Mashed Potatoes, Mixed Vegetables  
  
(S) Cheeseburger, Pasta Salad

**16**  
(D) Salmon Florentine or Baked Ham, Fried Potatoes, California Blend  
  
(S) Hot Ham and Cheese Sandwich, Potato Chips

**17**  
(D) Minute Steak or Tacos, Au Gratin Potatoes, Corn  
  
(S) Autumn Chicken Salad with Ranch Dressing

**18**  
(D) Pork Loin, Candied Sweet Potatoes, Brussels Sprouts  
  
(S) Oven Baked Chili Dog and Potato Salad

**19**  
(D) Smothered Chicken or Breaded Fish Filet, Fried Potatoes, Mixed Vegetables  
  
(S) Cranberry BBQ Meatballs, Green Beans

**20**  
(D) Country Fried Steak or Baked Pork Chop, Mashed Potatoes & Country Gravy, Carrots  
  
(S) Old Fashioned Chicken & Noodles

**21**  
(D) Lasagna or Fried Chicken, Mashed Potatoes & Gravy, Cascade Blend Vegetables  
  
(S) Omelet and Cinnamon Roll

**22 THANKSGIVING**  
(D) Turkey, Stuffing, Cream Corn, Cranberry Sauce  
  
(S) Classic Beef Stew, Biscuit, Cottage Cheese

**23**  
(D) Meatloaf or Catch of the Day, Baked Potato, Green Bean Casserole  
  
(S) Chili, Lettuce Salad

**24**  
(D) Baked Chicken Drumsticks or Italian Beef Roast with Au Jus, Potato Salad, Corn  
  
(S) Pulled Pork Sandwich, Stewed Tomatoes, Potato Rounds

**25**  
(D) Roast Beef, Mashed Potatoes & Gravy, California Medley  
  
(S) Chicken Breast Tenders and Party Potatoes

**26**  
(D) Creamy Tomato Pasta with Sausage with Garlic Bread or Baked Ham, Mashed Potatoes & Gravy, Cascade Blend Vegetables  
  
(S) Chicken Noodle Soup and Cold Cut Sandwich

**27**  
(D) Tater Crusted Chicken or Herbed Baked Fish, Paprika Sweet Potatoes, Green Beans  
  
(S) Tater Tot Casserole and Mixed Vegetables

**28**  
(D) Beef Pot Roast or Pork Chop, Mashed Potatoes & Beef Gravy, Harvard Beets  
  
(S) Grilled Ham & Cheese Sandwich and Potato Chips

**29**  
(D) Pork Loin or Herb Baked Chicken, Mini Baker Potatoes, Brussels Sprouts  
  
(S) Hamburger on a Bun, Baked Beans, Potato Chips

**30**  
(D) Breaded Cod Scrod or Meatballs with Sauce, Macaroni and Cheese, Vegetable Blend  
  
(S) Smoked Sausage, Au Gratin Potatoes

All Meals are Served in the Dining Room.  
  
We kindly request 24-hour notice for guests.