



# River Bend Retirement Community

November 2011

813 Tyler Street NE  
Cascade, IA 52033  
(563)852-5001

## November Public Events at River Bend

### Bible Study

Every Wednesday  
At 9:30 A.M.

### Alzheimer's Support Group

Tuesday, November 8th  
At 6:00

### Music & Prayer

Saturday, November 12th  
At 2:30

### Music at River Bend

Friday, November 18th  
At 6:00

Featuring: Barefoot  
Becky

### Cookies with Santa

Saturday December 3rd  
Santa Arrives  
at 1:00 P.M.

Have a Happy and Safe  
Thanksgiving!



## From The Managers Desk:

"At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us." Albert Schweitzer

Every day that I come into River Bend, I am rekindled by someone I encounter. I am thankful for the staff that come in to work in all kinds of hours and in all kinds of weather. Their dedication to the residents is inspiring.

I am thankful for the family and friends of River Bend who give of their time to help with activities, projects, and events. In this newsletter, you'll see some of the "helpers" from just this past month. And, there are many more on a day to day basis. I would hate to miss mentioning someone.

I am thankful for the Community of Cascade and the support they give us. It would not be possible to have the Emergency ambulance and fire departments in this small town, without the time given by many volunteers. We are fortunate to have them serving our community.

Happy Thanksgiving to all of you.

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## Reminders

### River Bend Family Thanksgiving Meal

Sunday, November 13th

At Noon

RSVP No later than  
November 7th

### Music At River Bend

Friday, November 18th

### Barefoot Becky

6:00 P.M.— 7:00 P.M.

### Cook Books

The River Bend Cook Book is here and they are great!!!! Cost is \$10.00

They would make a great gift!!

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# Barefoot Becky

Mix three cups of German-style polka music with one cup of Czech music, and half-cup each of country, big band, and party favorites, and you've got a recipe for fun that's really cookin'! That's what you get when you see a live performance featuring Barefoot Becky, based out of Mt.Vernon, Iowa

Becky Livermore plays accordion and does vocals, she has been performing throughout the United States since 1988. People remember her by her bare feet! She started playing barefoot simply because it was more comfortable than playing with shoes on. People seemed to think it was pretty funny and have really come to expect it.



# Thank You!!!!

A special Thank You to the following people for being such great friends and helpers to River Bend and its residents:

**Bob Takes** for the great museum tour the residents had a wonderful time touring and hearing about the history of Cascade.

**Shirley Rettenmeir** for the beautiful silverware holders for the holidays your many hours of needle-point is very much appreciated.

**Jean and Gene Conrad** for the huge pumpkin!!! It is so much fun for our residents and guests to try and guess the weight.

**Ione Beringer Family** for the beautiful tree in memory of Jerry Westemeier it is a great addition to River Bend and a wonderful way to remember our dear friend.

**To the confirmation students** for the great help calling and working our community Bingo . Your help is greatly appreciated.



## Cascade Emergency Personnel:

On October 17th River Bend held an open house for the Police, Fire Department and Ambulance crew. We talked about River Bend protocol and toured the building in an effort to educate ourselves and the different departments in case of an emergency. What a wonderful bunch of people and how lucky we are in Cascade to have such a dedicated, caring, and friendly group.



## Crafts and Activities:

We had a busy month of activities and crafts. A few of the things our residents participated in were touring the Cascade historical museum, decorating pumpkins and with the help of Cheri McDermott and Jane Sweeney we made a few little puppies!!! **Thank You Cheri & Jane**



## Spotlight on Seniors: Bill & Imelda Beringer

On July 20, 1928 Imelda was born to Elizabeth Curtis Kedley and John Kedley. Imelda is one of eight children: Carmelita Westemeier, Melba Riniker, Lone Beringer, Paul Kedley, Donald Kedley, Curtis Kedley, and Orland Kedley.

She was born and raised in Cascade and attended St. Martin's school. As a child she enjoyed playing ball, sleigh riding, and bike riding. As an adult her past-times include sewing, playing cards and visiting with family and neighbors. When asked what she liked best about River Bend, she replied, " I like everything here; the staff; the helpers; the residents; the good care and food. I'm happy with everything here."

Bill Beringer was born November 30, 1926, on the family farm. His parents, Mary Rauen Beringer and Joe Beringer had immigrated to the US from Luxemburg, Europe and settled outside of Cascade, where the current Joe and Jenny Beringer reside. Bill had four brothers: Victor, Carl, Nicolas, Arnold, and two sisters: Odelia, and Tecla. As a youngster, Bill had farm chores and worked with the horses after school. The boys would play cards in the evening. Bill still enjoys playing cards with friends. Bill and Imelda farmed south of Filmore and at Cascade. Bill is active with the farm and goes to sales and out to visit the farm several times a week. He enjoys telling stories of the grandchildren in 4H, rodeos, treeing coons.

Bill attended school in Cascade at St. Mary's. This is why he didn't know Imelda Kedley sooner. Imelda Kedley met Bill Beringer at a party for Lone Kedley and Arnie Beringer. Lone and Arnie were soon to be married and Imelda and Bill were in their wedding party. They've been together ever since. Bill and Imelda were married on the same date as Queen Elizabeth and Prince Phillip of England, Tuesday November 25, 1947. They married at St Martin's church and had a reception on the farm.

They have eight children, Linda Nachazel, Barb Shaffer, Edna Heiar, Billy, Mary Goedken, John, Amy Bergfeld, and Sandy Doetterwich. They are the proud grandparents of 28 grandchild and 14 great grandchildren. They plan on celebrating their 64<sup>th</sup> Anniversary with a mass and meal with their family.



**Cooks Corner: Ground Beef Vegetable Soup**

1lb. Ground beef	3 C. Water
1 C. Onion (chopped)	1/4 C. Rice
1 C. Potatoes (chopped)	3 tsp. Salt
1 C. Carrots (chopped)	1/4 tsp. Basil
1 C. Cabbage (chopped)	1 Bay Leaf
1 C. Celery (chopped)	1/4 tsp. Thyme
1 C. Tomatoes	



Brown ground beef with onion. Drain all fat. Combine with other ingredients in soup kettle. Bring to a boil. Lower heat, cover and simmer for 1 hour.

**Congratulations!!!!!!**

**Rose Heim and Angie Finzel the Great  
Pumpkin Winners!!!**



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